



mindfest

PARTICIPATE • EDUCATE • CELEBRATE

Join us for a mental health fair and festival celebrating all minds.

October 7, 2015 9 am - 5pm
Hart House: 7 Hart House Circle
Admission is free; all are welcome

www.mindfest.ca

Inspirational speakers, including: Orlando Da Silva, Emily Wright, Bruce Ballon, Mark Kingwell, Anne Simmonds, Susanne Stuart, Mike Katz, Paul Nguyen, Kids Help Phone and Jack.org.

A full day of workshops and activities will be offered throughout the day; plus a walk for mental health awareness through the city of Toronto, ending at our finale party at Ryerson University!

Loads of entertainment including stand up comedy, hands-on workshops, prizes & giveaways, and more.

Visit our website for all the details.



HartHouse



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