

PROGRAM



Ontario Shores' 6th Annual Mental Health Conference Tuesday, February 28th, 2017

Innovation and Technology in Mental Health Care

Ontario Shores Centre for Mental Health Sciences,
The Conference Place, Building 5
700 Gordon Street, Whitby, ON L1N 5S9



Keynote Speakers:



Jesse Hirsh,
Futurist &
Digital Strategist



Dr. Carolyn McGregor, Canada
Research Chair in Health Informatics,
University of Ontario Institute of
Technology



Dr. Arlene Astell, Research Chair
in the Community Management of
Dementia,
Ontario Shores Centre for Mental
Health Sciences

TUESDAY, FEBRUARY 28, 2017

7:30 AM **Poster Set-up**

8:00 am Registration & Breakfast

8:30 – 8:45 am Welcome & Opening Remarks Room: Lecture Theatre

Barbara Mildon, RN, PhD, CHE, CCHN (C), Vice-President,
Professional Practice & Research, Centre for Education and
Organization Development & Chief Nurse Executive, Ontario Shores

8:45 – 9:45 am **Keynote: Jesse Hirsh** **Room: Lecture Theatre**

“Future of Mental Health: From e-Health to Singularity”

9:45 – 10:10 am **Break & Poster Viewing**

10:10 – 11:10 am **CONCURRENT SESSION A**

A1- Room: Lecture Theatre

1. ***Using an Internet-Based, Mobile Tool as an Adjunct to Mental Healthcare: Patient and Provider’s Initial Attitudes***
Erin Leigh Courtice, University of Ottawa
2. ***Disrupting mhealth in Mental Health Care: A Critical Discourse Analysis of Literature on Mobile Technologies in Mental Health Care***
Kulsum Khan, York University
3. ***Novel Virtual Reality-Based Strategies for Evaluating and Treating Negative Symptoms in Schizophrenia***
George Foussias, Centre for Addiction and Mental Health

A2 – Room: Conference Room D/E

1. ***Reimagining Inclusion***
Meg Howison, Centre for Addiction and Mental Health, Merrick Pilling, Sean Kidd,
2. ***Mental Health and Diabetes: Why Do We Need an Integrative Approach?***
Gaurav Mehta, Southlake Regional Health Centre
3. ***Evidence-informed Health Practices to Address the Mental Health Needs of Youth Refugees***
Abirami Kirubarajan, Multicultural Youth Canada, Shannon Leung, Salvatore Palmieri

A3 – Room: Conference Room B/C

1. ***Pure Immanence: Complex Heterotopias and Transference of Pain in Self Harm Behaviours***
Rachel Thomas, University of Calgary
2. ***Patient Co-design and Co-facilitation of Mental Health Programming***
Krystle Martin, Ontario Shores Centre for Mental Health Sciences, Allison Stevens, Greg McLean
3. ***Manufacturing Recovery: Utilizing Six Sigma Methodology in Community Mental Health***
Adam Wiseman, Canadian Mental Health Association Toronto

B1 - Room: Conference Room D/E**1. Ontario Shores' HealthCheck Patient Portal Benefits Evaluation**

Sarah Kipping, Ontario Shores Centre for Mental Health Sciences, Tan Nguyen, Alexandra Hernandez, Nadiya Kakri

2. An Approach to Evaluating On-line Mental Health Applications: A Multi-site Project

Jennifer Hensel, Women's College Hospital Institute for Health Systems Solutions and Virtual Care, Jay Shaw

3. Improving Mental Health Care Delivery through a Shared Standardized EHR

Wendy Odell, Ontario Shores Centre for Mental Health Sciences

B2 – Room: Lecture Theatre**1. Targeting the Collateral: Helping Family Members of Individuals with Substance Use and Concurrent Disorders**

William Denomme, University of Ontario Institute of Technology, Orry Benhanoh

2. Living Life to the Full: A Community Mental Health Promotion Program for Older Adults

Jennifer Hardy, Canadian Mental Health Association Ontario, Nasreen Khatri, Pearlyn Ng, Scott Mitchell

3. Routine Outcome Measurement at Waypoint: The Waypoint Index of Clinical Improvement

Howard Barbaree, Waypoint Centre for Mental Health Care, Chris Perlman, Elke Ham, Debra Wicks, Mike Radko

B3 – Room: Conference Room B/C**Workshop: Getting Funded: Writing a Successful Research Grant Proposal**

Della Saunders, Waypoint Centre for Mental Health

B4 – Room: Conference Room A**Workshop: Let's Talk! How Do We Increase Access to Psychological Therapy for People with Serious and Enduring Mental Illness in Wales?**

Andrew Dugmore, Hafal Organization, Wales, UK, Jason Celia

Lunch sponsored by



HLS Therapeutics Inc.

“New Frontiers in Big Data Analytics for New Approaches for Mental Health and Wellness”

2:30 – 3:30 pm

CONCURRENT SESSION C

C1 – Room: Lecture Theatre

1. ***A Smartphone Intervention with Telemedicine Support for PTSD: A Randomized Trial***
Ilan Fischler, Ontario Shores Centre for Mental Health Sciences Centre
2. ***e-Therapies for Adults in a Canadian Hospital Outpatient Setting: The Scarborough Hospital Experience as an e-Therapy Hub***
David Gratzner, The Scarborough Hospital, Faisa Khalid-Khan, Shawna Balasingham, Janany Jayanthikumar, Nadia Yuen
3. ***Increasing Rural Access to Psychiatric Outpatient Consultations in the Champlain LHIN***
Raj Bhatla, Royal Ottawa Healthcare Group, Sarah Joynt

C2 – Room: Conference Room B/C

1. ***Implementation Toolkit Recommendations for the New Mental Health Quality Standards***
Marsha Bryan, Ontario Shores Centre for Mental Health Sciences, Elizabeth Coleman, Sarah Kipping, Bethany Holeschek, Ilan Fischler
2. ***Innovation and Technology Does Improve Adolescent Inpatient Mental Health Care.***
Leora Pinhas, Ontario Shores Centre for Mental Health Sciences
3. ***The Implementation and Evaluation of the Recovery College at Ontario Shores***
Simone Arbour, Ontario Shores Centre for Mental Health Sciences

C3 – Room: Conference Room D/E

1. ***Let's Connect – Digital Touchscreen Games for People with Dementia***
Erica Dove, Ontario Shores Centre for Mental Health Sciences, Arlene Astell, Karen Cotnam, Teresa Sherer, Paul Gural
2. ***Group Digital Activities for People Living with Dementia (The Kinect Project).***
Erica Dove, Ontario Shores Centre for Mental Health Sciences, Arlene Astell, Karen Cotnam
3. ***Feasibility of Using Personalized Touch Screen Computer Application Mozzaz to Help Patients with Mild Cognitive Impairment or Dementia and Their Caregivers***
Anar Dilara, Ontario Shores Centre for Mental Health Sciences, Arlene Astell, Colleen McGrath

3:30 – 3:40 pm

Break & Poster Ballots Collection

Room: The Conference Place

3:40 – 4:20 pm

Keynote presentation: Dr. Arlene Astell

Room: Lecture Theatre

“Developing Technology for Mental Health and Wellbeing”

4:20 – 4:30 pm

Closing Comments

Room: Lecture Theatre

Philip Klassen, MD, FRCPC, Vice-President Medical Affairs,
Ontario Shores Centre for Mental Health Sciences

Posters

1. ***Interdisciplinary Administration of Dialectical Behaviour Therapy at a Tertiary Care Facility***
Shannon Robinson, Jacob Lang, Ontario Shores Centre for Mental Health Sciences, Alexandra Hernandez, Tracey Holz, Megan Cameron & Beth Brannon
2. ***Neuropsychological Correlates of Household Equipment Use among Older Adults with Subjective Cognitive Impairments, Mild Cognitive Impairment, and Dementia***
Sam Iskandar, Ontario Shores Centre for Mental Health Sciences, Yolanda Arone, Cheryl Young
3. ***Alternate Level of Care Hospitalizations among Ontarians with Developmental Disabilities and Mental Illness***
Katherine Seto, University of Ontario Institute of Technology, Kristin Dobranowski, Elizabeth Lin, Yona Lunskey, Robert Balogh, Avra Selick, Drew Wilton
4. ***Bringing Quality Improvement and Action to the Nursing Advisory Council (NAC)***
Jim Lambley, Royal Ottawa Mental Health Centre, Billie Pryer
5. ***Occupational Therapy's Role with Adolescent Eating Disorders: A Scoping Review***
Caroline Carncross, University of Toronto, Kelsea Liotta, Rama Arora-Persaud, Cheryl Fiske, Melanie Stuckey
6. ***Increasing Clozapine Use by Removing Prescribing Barriers***
Robert Barnes, The Scarborough Hospital, Hoa Phuc Nguyen, Faiza Khalid-Khan
7. ***Becoming Tobacco Free CAMH: Journey Toward a Healthier and Safer Mental Health and Addictions Facility***
Tony George, Centre for Addiction and Mental Health, Michelle Zochniak, Colleen Burns
8. ***Implementing a Falls Prevention Program on an Inpatient Psychiatric Unit.***
Alison Battistuzzi, Toronto General Hospital, Katie Govereau
9. ***The "Inside Voice" in Inpatient Psychiatry***
Alison Battistuzzi, Toronto General Hospital, Lucy Ziegler, Moriatriy
10. ***Loneliness in the Cognitively Impaired on Inpatient Geriatric Units***
Brian McCormack, Ontario Shores Centre for Mental Health Sciences, Nazir Hussain, Alexandra Hernandez, Melanie Stuckey, Ashely Robinson
11. ***Anti-Nuclear Antibody Prevalence in the Adolescent Inpatient Population with Psychotic Symptoms: Retrospective Chart Review***
Graciela Kriegel, Ontario Shores Centre for Mental Health Sciences, Alexandra Hernandez, Jacob Lang, Marc Fadel
12. ***The Complex Health and Social Needs of Adults with Developmental Disabilities and Mental Illness: Focus Group Discussion***
Shannon Lucas, University of Ontario Institute of Technology, Kristin Dobranowski, Johanna Lake, Angela Gonzales, Carly McMorris, Robert Balough, Yona Lunskey
13. ***Psychiatrists Attitudes Towards Medical Assistance in Dying Inpatients with Mental Disorders***
Alireza Pourmohammadjani, University of Toronto

14. *The evaluation of a Structural Organizational Component in an Adolescent Residential Eating Disorders Program*

Shawn Carter, Ontario Shores Centre for Mental Health Sciences, Raluca Morariu, Sara Wolfe, Leora Pinhas

15. *InTouch: Introducing Touch Screen Applications to People with Advanced Dementia Through Staff-client Co-play*

Alexandra Hernandez, Ontario Shores Centre for Mental Health Sciences, Arlene Astell, Delana Theiventhiran

16. *InTouch: Technology Supported Learning and Personhood for People with Dementia Using Touch Screen Applications*

Alexandra Hernandez, Ontario Shores Centre for Mental Health Sciences, Arlene Astell, Kyle Moffat

17. *Autism Spectrum Disorder (ASD): A Pilot Study Examining Prevalence in an Adolescent Inpatient Population*

Graciela Kriegel, Ontario Shores Centre for Mental Health Sciences, Rylie Whitchurch, Alexandra Hernandez, Paul Sandor

18. *Mindfulness as a Coping Strategy for Caregivers of People with Dementia and Cognitive Impairment: A Literature Review*

Arany Shanmugalingam, Ontario Shores Centre for Mental Health Sciences

19. *Digital Tools for Dementia: Systematic Review Protocol*

Rebekah Churchyard, Ontario Shores Centre for Mental Health Sciences, Arlene Astell

20. *Let's Talk! About Increasing Access to Psychological Therapies in Wales*

Euan Hails, Eneirun Bevan University Health Board, Christine Wilson, Andrew Dugmore, Dave Smith, Hayley Wheeler

Registration

Please register at <http://www.ontarioshores.ca/cms/One.aspx?portalId=169&pageId=27727>

Ontario Shores Staff, please complete the Internal Registration Form (found on Shoreline) and submit it to Amanda Nixon nixona@ontarioshores.ca

Registration Fee Structure:

*All registration fees include a meal plan (breakfast, mid-morning snack, lunch and afternoon snack)
Everyone who attends this event must register*

To Register, please visit: <https://secure.ontarioshores.ca/researchdayregistration/>

Ontario Shores staff, please visit: <https://shoreline/shorelinenews/default.aspx>

Presenter \$125.00 +hst = \$141.25

Students \$75 +hst =\$84.75

Non-Presenter \$175 +hst = \$197.75

Exhibitors Not-for-profit organizations (per person) \$150 +hst = \$169.50

For profit organizations (per person) \$275.00 +hst = \$ 310.75

Conference Cancellation Policy

1. If a registrant is unable to attend an event for any reason they may substitute, by arrangement with the registrar, someone else from the same institute/organization.
2. Where the registrant is unable to attend, and is not in a position to transfer his/her place to another person or to another event, then the following refund arrangements apply:
 - a) Registrations cancelled more than 30 days before the event will be refunded 50% of the registration fees.
 - b) Registrations cancelled less than 30 days before the event will not be eligible for a refund.

Contact Information:

For event information, please contact Tracy Henry at henryt@ontarioshores.ca

For sponsorship inquiries, please contact Julie Rennie at renniej@ontarioshores.ca

Directions & Parking

Main Location, Building 5, Level 2



Our Gordon Street location is the home of our largest facility. Located on the shores of Lake Ontario in Whitby Ontario,

Address:
Ontario Shores
Centre for Mental Health Sciences
700 Gordon Street
Whitby, Ontario
L1N 5S9

Telephone: 905.430.4055

Toll Free: 1.800.341.6323



Directions from Highway 401

- Exit Hwy 401 at Brock Street/Hwy 12 (Exit #410) in Whitby.
(If coming from Toronto **do not** exit at Brock Road in Pickering)
- Turn South (left) onto Brock Street
- Turn West (right) at Victoria Street - you will pass the Station Art Gallery and the Iroquois Sports Complex.
- Turn South (left) onto Gordon Street
Continue past Lakeridge Whitby Hospital
- Turn West (right) at the electronic Ontario Shores sign.

Directions from Whitby Go Station:



Via Durham Regional Transit:
Take Bus Route 308 (Whitby Shores)

Via Car:

Turn south onto Brock Street or Henry Street, or turn west onto Victoria Street. Follow instructions above.

Parking: The hourly rate is \$3.50 and the daily rate is \$10.00. The parking receipts can be purchased directly from the parking machine. The receipt is to be clearly visible with the date and time face-up on the dashboard.

Accommodations

The Conference Place has partnered with local hotels to bring cost savings to Ontario Shores' Conference Place customers. Guests must indicate they are with Ontario Shores Centre for Mental Health Sciences in order to receive special rates.

Holiday Inn Express Whitby

180 Consumers Drive
Whitby, ON L1N 9S3
Tel: 905-665-8400
Fax: 905-665-8402
Toll Free: 888-465-4329
www.expresswhitby.com

\$116 per night
Breakfast included
Corporate Code: Ontario Shores
Or Whitby Mental Health

Residence Inn by Marriot Whitby

160 Consumers Drive
Whitby, ON L1N 9S3
Tel: 905-444-9756
Fax: 905-444-9758
Toll Free: 866-277-9165
<http://www.marriott.com/hotels/travel/yyzwy-residence-inn-whitby/>

\$139 to \$144 per night
Breakfast included
Corporate Code: Ontario Shores

Travelodge

940 Champlain Avenue, Oshawa, L1J 7A6
Tel: 905-436-9500 Toll Free: 1- 800-578-7878
<http://www.travelodgeoshawa.ca>

\$99 per night
Breakfast included
Corporate Code: Ontario Shores

Hilton Garden Inn Ajax

\$139 per night – Corporate Code:
500 Beck Crescent, Ajax, ON L1Z 1C9
Tel: 905-686-9400 Toll Free: 866-336-8077
www.torontoajax.stayhqi.com

\$139 per night
Breakfast included
Corporate Code: 2743234 or Ontario Shores