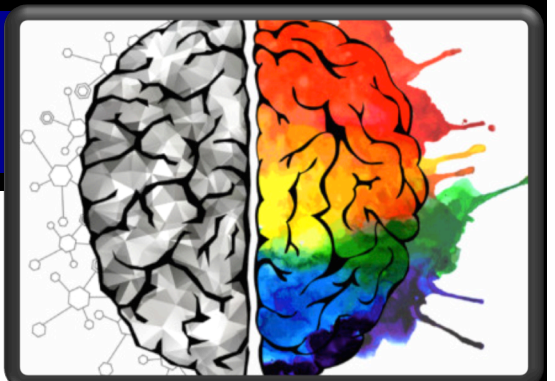


Division Seminar Series
Dalla Lana School of Public Health,
Social and Behavioural Health Sciences

WEDNESDAY, NOVEMBER 22, 2017
12PM – 1PM, ROOM HS 208
HEALTH SCIENCES BUILDING, 155 COLLEGE ST.



Dr. Daisy Singla

**THE ROLE OF GLOBAL HEALTH IN THE PROVISION OF
LOCAL MENTAL HEALTH SERVICES**

Abstract: In this talk, I will introduce the concept of global mental health and highlight the development and evaluation of exciting innovations from my research in India, Pakistan and Uganda. These innovations include integrated interventions targeted maternal mental health and child development, the use of trained non specialist providers-individuals with no previous experience and formal training in mental health care-to deliver these programmes and the application of psychological science to assess the programme's acceptability and feasibility. Finally, I will discuss the potential application of these innovations to target maternal mental health in high-income settings, including Toronto.

Dr. Daisy Singla is a clinical psychologist and newly-appointed clinician scientist and assistant professor in the Department of Psychiatry, Faculty of Medicine, UofT. Dr. Singla has been awarded a Distinguished Fellowship from UofT's Medical Psychiatry Alliance and holds a cross-appointment at SHBS.

Dr. Alex Branco Fraga

**INTEGRATIVE MIND-BODY PRACTICES
IN THE BRAZILIAN PUBLIC HEALTH SYSTEM**

Abstract: Integrative mind-body practices are considered part of Traditional and Complementary Medicine (T&CM). This specific term is used in Brazil to refer to practices based on movements characterized by introspection, sensitization, and self-knowledge, such as yoga, tai-chi-chuan, circular dance, meditation, etc. The Brazilian National Policy on Integrative and Complementary Practices, published in 2006 inspired by T&CM, proposes that the national health care system should combine complex medical with alternative therapeutic resources. In this context, the integrative mind-body practices propose an extended comprehension of health based on the "vitality-energy" paradigm, in contrast to the "normality-pathology" understanding about health care from the hegemonic western medicine. Based on a doctoral thesis in development, we give some examples how users' experiences with integrative mind-body practices in community health centres in Florianópolis-SC-Brazil could contribute to health promotion.

Dr. Alex Branco Fraga is an Associate Professor at School of Physical Education, Physiotherapy & Dance at Federal University of Rio Grande do Sul, Porto Alegre, Brazil and Visiting Professor at Faculty of Kinesiology & Physical Education, and at Centre for Critical Qualitative Health Research, at the University of Toronto. This work is made in co-authorship with Priscilla de Cesaro Antunes, Assistant Professor at School of Physical Education & Dance at Universidade Federal de Goiás, Goiânia, Brasil.