

***Division Seminar Series***  
**Dalla Lana School of Public Health,  
Social and Behavioural Health Sciences**

***THURSDAY, FEBRUARY 15, 2018***  
***12PM – 1PM, ROOM HS 208***  
***HEALTH SCIENCES BUILDING, 155 COLLEGE STREET, TORONTO***

**DR. JACKIE BENDER**

**Web-based Peer Navigation Program for Men with  
Prostate Cancer and their Partners:  
Overview and Training Program Results**

**Abstract:** Many Canadian men with prostate cancer lack access to adequate information and emotional support to cope with the significant consequences of treatment, and experience gaps in supportive care. With funding from Movember awarded by Prostate Cancer Canada, the TrueNTH Peer Navigation Program was designed in partnership with patients and a multidisciplinary team to address this gap. In this program, men with prostate cancer and/or their partners are matched online with a peer navigator cancer survivor or caregiver based on criteria that they select (e.g., similar treatment, age, lifestyle, cancer experience). Peer Navigators are trained to provide their matched peers with personalized one-on-one support through their care journey with the goal of addressing their support needs, improving coping and reducing distress. Prostate cancer survivors and caregivers receive training to become peer navigators through a blended online/in-person, competency-based peer navigator training program. The TrueNTH Peer Navigation Program is currently being piloted at cancer centres in Toronto and Vancouver. This presentation will provide an overview of the program and results of the navigator training program.

**Dr. Jackie Bender is a Research Scientist in the Cancer Rehabilitation and Survivorship Program in the Department of Supportive Care at the Princess Margaret Cancer Centre and an Assistant Professor in the Dalla Lana School of Public Health and Institute of Health Policy Management and Evaluation at the University of Toronto. Her program of research is focused on designing, implementing, and evaluating ways to sustain digital health innovations that improve the patient experience and health outcomes of people living with cancer and their families.**