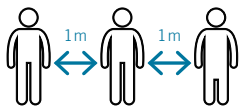


# COVID-19 PREVENTION AND PRECAUTIONS

The University of Toronto is closely monitoring the COVID-19 situation. Please visit our website, [utoronto.ca](https://utoronto.ca), to read the latest updates for the U of T community.

While our staff frequently cleans high-touch surfaces such as handrails and door handles, we encourage our community to continue to practice good hand-washing techniques and hygiene practices.

## Please remember to:



Avoid close contact with people who are ill.



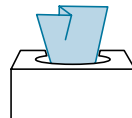
Stay at home or in your residence if you are ill.



Avoid touching your eyes, nose, and mouth with unwashed hands.



Wash your hands often with soap and water for at least 15 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.



Cover your cough or sneeze with a tissue, then immediately throw the tissue in the garbage and wash your hands.



And avoid shaking hands, since the virus can be spread this way. Instead, consider greeting people with a nod, wave or bow.



If you don't have a tissue, sneeze or cough into your sleeve or arm.



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