

**Day 1:**

[Younging, Gregory \(2018\) Elements of Indigenous Style – read whole book before first class.](#)

Loppie Reading, C. & Wien, F. (2009). Health Inequalities, Social Determinants and Life Course Health issues Among Aboriginal Peoples in Canada. Prince George, BC: National Collaborating Centre for Aboriginal Health. <https://www.ccsa-nccah.ca/docs/determinants/RPT-HealthInequalities-Reading-Wien-EN.pdf>

International Journal of Indigenous Health. (n.d.) Defining Aboriginal Peoples Within Canada.

<https://journals.uvic.ca/journalinfo/ijih/IJHDefiningIndigenousPeoplesWithinCanada.pdf>

NCCIH. (2012). The State of Knowledge of Aboriginal Health: A Review of Aboriginal Public Health in Canada. <https://www.ccsa-nccah.ca/docs/context/RPT-StateKnowledgeReview-EN.pdf>

Adelson, N. (2005). The embodiment of inequity: health disparities in Aboriginal Canada. *Cdn J of Public Health*, Vol. 96(S2); pp. S45-60. <https://search-proquest-com.myaccess.library.utoronto.ca/docview/232010834?pq-origsite=summon&accountid=14771>

Davis-Delano, L.; Gone, J.; Fryberg, S. (2020). The psychosocial effects of Native American mascots: a comprehensive review of empirical research findings. *Race Ethnicity & Education*.

Wicihitowin Conference Committee. (2017). *Authentic Engagement of First Nations and Métis Traditional Knowledge Keepers*. Saskatchewan. [https://uakn.org/wp-content/uploads/2018/12/Wicihitowin\\_AuthenticEngagementBooklet\\_V8.pdf](https://uakn.org/wp-content/uploads/2018/12/Wicihitowin_AuthenticEngagementBooklet_V8.pdf)

Watch at least one of the 5 Creation stories: <http://www.fourdirectionsteachings.com/transcripts.html>

**Day 2:**

NAHO (2008). An Overview of Traditional Knowledge and Medicine and Public Health in Canada. Ottawa, ON: NAHO. <http://search.library.utoronto.ca/details?8674580>

Hill, D.M. (2003). Traditional Medicine in Contemporary Contexts: Protecting and Respecting Indigenous Knowledge and Medicine. NAHO. <http://search.library.utoronto.ca/details?10529664>

Turner, N.; Turner, K. (2008). 'Where Our Women Used to Get the Food': Cumulative Effects and Loss of Ethnobotanical Knowledge and Practice; Case Study from Coastal British Columbia. *Botany*, Vol. 86, pp. 103-115.

[http://go.galegroup.com/myaccess.library.utoronto.ca/ps/i.do?p=AONE&u=utoronto\\_main&id=GALE|A180697136&v=2.1&it=r&sid=summon&authCount=1](http://go.galegroup.com/myaccess.library.utoronto.ca/ps/i.do?p=AONE&u=utoronto_main&id=GALE|A180697136&v=2.1&it=r&sid=summon&authCount=1)

Czyzewski, K. (2011). Colonialism as a Broader Social Determinant of Health. *Int'l Indigenous Policy J.* Vol 2, Issue 1. DOI: 10.18584/iipj.2011.2.1.5

Videos to watch:

Video by Elder Blu Waters on 2SLGBTQIA+ <https://www.youtube.com/watch?v=DOwapnfvIHI>

Muskeg Tea aka Labrador Tea -

[https://www.youtube.com/watch?v=djFD7NVGrQc&feature=youtu.be&fbclid=IwAR1niWMpMTU4UiFwVHj8JJGIDVSRz4TvbucYSYcsO2U3rs5xQ-LplQ\\_hnJE](https://www.youtube.com/watch?v=djFD7NVGrQc&feature=youtu.be&fbclid=IwAR1niWMpMTU4UiFwVHj8JJGIDVSRz4TvbucYSYcsO2U3rs5xQ-LplQ_hnJE)

Birch Tree medicine – Chaga, Polypores & bark

[https://www.youtube.com/watch?v=ONNyT8F\\_xmE&feature=youtu.be&fbclid=IwAR01uuxAsQjOriCOfKIJwb8Fvrc5d2jHqGqaSXxjhjx12cierWMIMgfs-E](https://www.youtube.com/watch?v=ONNyT8F_xmE&feature=youtu.be&fbclid=IwAR01uuxAsQjOriCOfKIJwb8Fvrc5d2jHqGqaSXxjhjx12cierWMIMgfs-E)

Elder Bertha Skye talks about the power of Cedar

<https://www.youtube.com/watch?v=D7dEYpTY71s&feature=youtu.be&fbclid=IwAR1Lhf0t1WwMXWSAHCDG2hUPU2Sh-hZGL878vmbTIsr44xvdKdCX2SzoEu0>



The Spirit Medicine of Cedar

[https://www.youtube.com/watch?v=5n2Rile\\_ZF4&feature=youtu.be&fbclid=IwAR0Eou1XfEnFCs\\_2XICLlxV53AmyxQKrM2GuKL8fwtAIGJV6a0EIVeBdUJc](https://www.youtube.com/watch?v=5n2Rile_ZF4&feature=youtu.be&fbclid=IwAR0Eou1XfEnFCs_2XICLlxV53AmyxQKrM2GuKL8fwtAIGJV6a0EIVeBdUJc)

Living the Good Life

<https://www.youtube.com/watch?v=IThjkpslswM&feature=youtu.be&fbclid=IwAR2bYzftqV3wmcLiZ-mdTlwqOmTenYElr09dhABpucPivTTNWlkmUJQn-T8>

### **Day 3:**

Mashford-Pringle, A. (2011). How'd We Get Here From There? American Indians and Aboriginal Peoples of Canada Health Policy. *Pimatisiwin: A Journal of Aboriginal and Indigenous Community Health*, Vol 9(1), pp. 153-176.

[https://www.researchgate.net/publication/283642671\\_How\\_Did\\_We\\_Get\\_Here\\_from\\_There](https://www.researchgate.net/publication/283642671_How_Did_We_Get_Here_from_There)

Ryan, C. Ali, A. & Shawana, C. (2021). Forced or Coerced Sterilization in Canada: An Overview of Recommendations for Moving Forward. *IJIH*.

<https://jps.library.utoronto.ca/index.php/ijih/article/download/33369/27348/>

Statistics Canada (2021). A snapshot: Status First Nations people in Canada.

<https://www150.statcan.gc.ca/n1/en/pub/41-20-0002/412000022021001-eng.pdf?st=au5rljMo>

Turpel-Lafound, M. Lemchuk-Favel, L. Johnson, H. (2021). In Plain Sight: Elaboration on the Review.

BCMJ 63(2):83-88. <https://bcmj.org/special-feature/plain-sight-elaboration-review> **OR** Summary Report for In Plain Sight report <https://engage.gov.bc.ca/app/uploads/sites/613/2020/11/In-Plain-Sight-Summary-Report.pdf>

NCCIH. (2013). An Overview of Aboriginal Health in Canada. <https://www.ccnsa-nccah.Cca/docs/context/FS-OverviewAboriginalHealth-EN.pdf>

King, M.; Smith, A.; Gracey, M. (2009). Indigenous health part 2: the underlying causes of the health gap.

*The Lancet*, Vol 374, Issue 9683. <https://www.sciencedirect.com/myaccess.library.utoronto.ca/science/article/pii/S0140673609608278?via%3Dihub>

Boyer, Y. (2004). First Nations, Métis and Inuit Health Care: The Crown's Fiduciary Obligation. NAHO Discussion Paper Series. At: <https://www.cbc.ca/news/canada/north/first-nations-right-to-vote-granted-50-years-ago-1.899354>

National Inquiry into Missing and Murdered Indigenous Women and Girls. (2019). Reclaiming Power and Place. **Read ONLY Executive Summary.** [https://www.mmiwg-ffada.ca/wp-content/uploads/2019/06/Executive\\_Summary.pdf](https://www.mmiwg-ffada.ca/wp-content/uploads/2019/06/Executive_Summary.pdf)

Frederick Tisdall Summary. <http://www.sickkids.ca/AboutSickKids/History-and-Milestones/Our-History/Frederick-Tisdall.html>

Christian Aboriginal Infrastructure Developments (CAID). (2019). Doctrine of Discover. [http://caid.ca/Ddoc\\_dom.html](http://caid.ca/Ddoc_dom.html)

### **Videos to watch:**

The Future of Indigenous Health in the Time of COVID: <https://www.cpd.utoronto.ca/covid19-resource/the-future-of-indigenous-health-in-the-time-of-covid/>

### **Day 4:**

Wilson, A. (2004). Living well: Aboriginal women, cultural identity, and wellness. The Prairie Women's Health Centre of Excellence. At: <http://www.pwhce.ca/livingWell.htm>

Allan, B. & Smylie, J. (2015). First Peoples, Second Class Treatment: The role of racism in the health and well-being of Indigenous peoples in Canada. Wellesley Institute: Toronto, ON.

<http://www.wellesleyinstitute.com/wp-content/uploads/2015/02/Summary-First-Peoples-Second-Class-Treatment-Final.pdf>



Currie, C., Wild, T. C., Schopflocher, D., Laing, L., Vengeler, P., & Parlee, B. (2013). Racial Discrimination, Post Traumatic Stress, and Gambling Problems among Urban Aboriginal Adults in Canada. *Journal of Gambling Studies*, 29, 393-415. <https://doi.org/10.1007/s10899-012-9323-z>

Paradies, Y. (2016). Colonisation, racism and indigenous health. *Journal of Population Research*, 33, 83-96. <https://doi.org/10.1007/s12546-016-9159-y>

Nelson, S., & Wilson, K. (2018). Understanding barriers to health care access through cultural safety and ethical space: Indigenous people's experiences in Prince George, Canada. *Social Science & Medicine*, 218, 21-27. <https://doi.org/https://doi.org/10.1016/j.socscimed.2018.09.017> (September 15, 2018)

Réseau Montreal Urban Aboriginal Community Strategy Network. (2018). Indigenous Ally Toolkit. Access here: [https://segalcentre.org/common/sitemedia/201819\\_Shows/ENG\\_AllyToolkit.pdf](https://segalcentre.org/common/sitemedia/201819_Shows/ENG_AllyToolkit.pdf)

Hamilton Niagara Haldimand Brant Indigenous Health Network. (2019). Indigenous Allyship Toolkit. Access here: [http://ncnw.net/wp-content/uploads/2020/03/F-HNHB-IHN\\_Indigenous-Allyship-Toolkit-1-1.pdf](http://ncnw.net/wp-content/uploads/2020/03/F-HNHB-IHN_Indigenous-Allyship-Toolkit-1-1.pdf)

### Day 5:

Yeager, K.A. & Bauer-Wu, S. (2013). Cultural humility: Essential foundation for clinical researchers. *Applied Nursing Research*, Vol. 26(4), pp. 251-256 [https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/08971897/v26i0004/251\\_cheffcr.xml](https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/08971897/v26i0004/251_cheffcr.xml)

Chan, W.W., Ng, C; & Young, TK. (2013). How we identify and count Aboriginal people – does it make a difference in estimating their disease burden? *Chronic Disease and Injuries in Canada*, Vol. 33(4), pp. 277-80. <https://www.canada.ca/en/public-health/services/reports-publications/health-promotion-chronic-disease-prevention-canada-research-policy-practice/vol-33-no-4-2013/cross-canada-forum-how-we-identify-count-aboriginal-people-does-it-make-difference-estimating-their-disease-burden.html>

Mashford-Pringle, A.; Stewart, S. (2019). Akiikaa (it is the land): exploring land-based experiences with university students in Ontario. *Global Health Promotion*. DOI: 10.1177/1757975919828722. <https://journals.sagepub.com/doi/full/10.1177/1757975919828722>

Blackstock, C. (2012). Jordan's Principle: Canada's broken promise to First Nations. *Paediatric Child Health*, Vol. 17(7). <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3448536/>

Stewart, M. (2019). Remembering Neil Stonechild and exposing systemic racism in policing. *The Conversation*. <https://theconversation.com/remembering-neil-stonechild-and-exposing-systemic-racism-in-policing-128436>

### Recommended Readings:

Royal College of Physicians and Surgeons. (2018). Indigenous Health Primer. <https://www.royalcollege.ca/rcsite/documents/health-policy/indigenous-health-primer-e.pdf>

Duff, P.; Bingham, B.; Simo, A.; Jury, D.; Reading, C.; Shannon, K. (2014). The 'Stolen Generations' of Mothers and Daughters: Child Apprehension and Enhanced HIV Vulnerabilities for Sex Workers of Aboriginal Ancestry. *PLOS One*. <https://journals.plos.org/plosone/article/authors?id=10.1371/journal.pone.0099664>

Matthews, Richard. (2017). The cultural erosion of Indigenous people in health care. *CMAJ*, Vol. 189(2). DOI: 10.1503/cmaj.160167 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5235932/>



Kaspar, V. (2014). The lifetime effect of residential school attendance on indigenous health status. *American J of Public Health*, Vol. 104(11), pp. 2184-90. <https://search-proquest-com.myaccess.library.utoronto.ca/docview/1619996542?pq-origsite=summon&accountid=14771>

CBC News. 2010. First Nations right to vote granted 50 years ago. <https://www.cbc.ca/news/canada/north/first-nations-right-to-vote-granted-50-years-ago-1.899354>

Van Kirk, S. (2002). 'Marrying-in' to 'Marrying-Out': Changing Patterns of Aboriginal/Non-Aboriginal Marriage in Colonial Canada. *Frontiers: A Journal of Women Studies*, Vol. 23(30), pp. 1-11. <http://muse.jhu.edu.myaccess.library.utoronto.ca/article/40617>

Graham, H.; Stamler, L. (2010). Contemporary perceptions of health from an Indigenous (Plains Cree) Perspective. *Journal of Aboriginal Health*, Vol. 6. At: <https://journals.uvic.ca/index.php/ijih/article/view/12341>

Lavoie, J.; Forget, E.; & Browne, A. (2010). Caught at the crossroad: First Nations, health care and the legacy of the Indian Act. *Pimatisiwin: A J of Indigenous and Aboriginal Community Health*, Vol. 8(1); pp. 83-100. <https://journalindigenousewellbeing.com/volume-8-1-summer-2010-2/caught-at-the-crossroad-first-nations-health-care-and-the-legacy-of-the-indian-act/>

O'Neil, J. (1986). The politics of health in the Fourth World: a Northern Canadian example. *Human Organization*, Vol. 45; pp. 119-128. <https://search-proquest-com.myaccess.library.utoronto.ca/docview/1310296891?pq-origsite=summon>

Tousignant, M. (2009). Resilience and Aboriginal Communities in Crisis: Theory and Interventions. *Journal of Aboriginal Health*. Pp. 43-61. <https://search-proquest-com.myaccess.library.utoronto.ca/docview/1138543025?pq-origsite=summon&accountid=14771>

Gaya Wicks, P. & Reason, P. (2009). Initiating action research: Challenges and paradoxes of opening communicative space. *Action Research*, Vol. 7(3), pp. 243-262. <http://journals.sagepub.com.myaccess.library.utoronto.ca/doi/abs/10.1177/1476750309336715>

Stote, K. (2012). The Coercive Sterilization of Aboriginal Women in Canada. *American Indian culture and research journal*, Vol 36(3), pp. 117-150. <http://uclajournals.org.myaccess.library.utoronto.ca/doi/pdf/10.17953/aicr.36.3.7280728r6479j650>

Chansonneuve, D. (2005). Reclaiming Connections: Understanding Residential School Trauma Among Aboriginal People. Ottawa, ON: Aboriginal Healing Foundation. Sections I-III, pp 11-63. [www.ahf.ca/downloads/healing-trauma-web-eng.pdf](http://www.ahf.ca/downloads/healing-trauma-web-eng.pdf)

Special Committee on Violence Against Indigenous Women. (2014). Invisible Women: A Call to Action. A Report on Missing and Murdered Indigenous Women in Canada. Ottawa, ON: House of Commons. [http://ywcacanada.ca/data/research\\_docs/00000359.pdf](http://ywcacanada.ca/data/research_docs/00000359.pdf)



Orchard, T.; Druyts, E.; McInnes, C.W.; et al (2010). Factors behind HIV testing practices among Canadian Aboriginal peoples living off-reserve. *AIDS Care*, Vol. 22(3); pp. 324-331. At: [https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/09540121/v22i0003/324\\_fbhtpacaplo.xml](https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/09540121/v22i0003/324_fbhtpacaplo.xml)

Howard, H. (2014). Canadian Residential Schools and Urban Indigenous Knowledge Production about Diabetes. *Medical Anthropology*, Vol. 33(6), pp. 529-545. [https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/01459740/v33i0006/529\\_crsauikpad.xml](https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/01459740/v33i0006/529_crsauikpad.xml)

AANDC. (2013). The Community Well-Being Index: Review of trends for First Nations communities. At: <https://www.aadnc-aandc.gc.ca/eng/1100100016579/1100100016580>

Barker, A. (2012). Already Occupied: Indigenous Peoples, Settler Colonialism and the Occupy Movements in North America. *Social Movement Studies*, Vol. 11(3-4), pp. 327-334. [https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/14742837/v11i3-4/327\\_aopisctomina.xml](https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/14742837/v11i3-4/327_aopisctomina.xml)

Hayden, Taylor, D. (2004). This Boat. *This Magazine*, Vol. 38(1), pp. 22-23. <https://this.org/2004/07/06/myboat/>

Petray, T. (2011). Protest 2.0: online interactions and Aboriginal activists. *Media, Culture & Society*, Vol. 33(6), pp. 923-940. DOI: 10.1177/0163443711411009. <http://journals.sagepub.com.myaccess.library.utoronto.ca/doi/pdf/10.1177/0163443711411009>

Wood, L. (2015). Idle No More, Facebook and Diffusion. *Social Movement Studies*, Vol. 14(5), pp. 615-621. [https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/14742837/v14i0005/615\\_inmfad.xml](https://journals-scholarsportal-info.myaccess.library.utoronto.ca/details/14742837/v14i0005/615_inmfad.xml)

Waldram, J.; Herring, A.; & Young, TK. (2006). *Aboriginal Health in Canada*. Toronto, ON: University of Toronto Press. <seminal work>

Reading, C.; Greenwood, M.; de Leeuw, S.; & Lindsay, N. (2018). *Determinants of Indigenous Peoples' Health, Second Edition*. Toronto, ON: Canadian Scholars Press. ISBN: 9781773380377 <seminal work>

Lezard et al. (2021). <https://4c3tru4erdnui9g3ggftj1d-wpengine.netdna-ssl.com/wp-content/uploads/2021/06/2SLGBTQQIA-Report-Final.pdf>

Logie CH, Lys CL, Sokolovic N, Mackay KI, Donkers H, Kanbari A, Pooyak S, Loppie C (2021). Contextual factors associated with depression among Northern and Indigenous adolescents in the Northwest Territories, Canada. *Global Mental Health* 8, e22, 1–10. <https://doi.org/10.1017/GMH.2021.21>

Chacaby, M.-N., & Plummer, M. L. (2016). *A two-spirit journey : the autobiography of a lesbian Ojibwa-Cree elder* . University of Manitoba Press. – Chapters 4-5, 11



Ristock, J. Zoccole, A., Passante, L., Potskin, J. (2019). Impacts of colonization on Indigenous Two-Spirit/LGBTQ Canadians' experiences of migration, mobility and relationship violence. *Sexualities*, 22(5-6), 767–784. <https://doi.org/10.1177/1363460716681474>

Laing, M. (2021). *Urban Indigenous Youth Reframing Two-Spirit*. Taylor and Francis. <https://doi.org/10.4324/9781003094296>

Qallunat: Why White People are Funny! <https://www.youtube.com/watch?v=lazUV7PEw7w>