

ONTARIO NEIHR WEBINAR SERIES 2021

Dr. Lynn Lavallee

January 12, 2021

4 pm to 5 pm via Zoom (link provided upon Eventbrite registration)

Registration: [HERE](#)

Spirit Injuries: Indigenous Perspectives of Mental Health



Some Indigenous Nations on Turtle Island understand that ill-health stems from spirit injury. Related to this teaching are ways in which ill-health can be addressed, specifically through ceremony or spiritual practices. Advocates in the area of mental health, from the earlier consumer/survivor movement to more recent notions of madness and sanism have largely excluded Indigenous ways of understanding mental health, particularly as spirit injury. This presentation will discuss the exclusion of Indigenous ways of health and healing in mental health and offer ways in which advocacy and support can be garnered for Indigenous communities to address mental health in ways that are based on their unique cultural teachings.