



UNIVERSITY OF TORONTO
DALLA LANA SCHOOL OF PUBLIC HEALTH
Waa'kebiness-Bryce Institute for Indigenous Health



ONTARIO NEIHR WEBINAR SERIES 2021

Dr. Holly Graham

March 12, 2021

1 pm EST (12 pm CST) via Zoom

Link provided upon Eventbrite registration

Registration: [HERE](#)

Integrating Somatic-Based Therapies and the Partners for Change Outcome Management System (PCOMS) into Clinical Practice

Dr. Holly Graham is a member of the Thunderchild First Nation. She has worked as a Registered Nurse (RN) in a variety of northern communities, in addition to various other health care environments since 1985. Holly is an Assistant Professor in the College of Nursing, at the University of Saskatchewan. She maintains an active practice as a Registered Doctoral Psychologist, working primarily with individuals who have experienced trauma and symptoms of posttraumatic stress disorder (PTSD). Holly's research is focused on Indigenous health, mental health, and well-being.



Dr. Graham will share her clinical experiences of utilizing somatic-based therapies, with an emphasis on Eye Movement Desensitization and Reprocessing (EMDR) in this session. In addition, she will introduce the participants to PCOMS - a clinical tool that positions the client's perspective and voice at the center of the mental health and their wellness plan.