



UNIVERSITY OF TORONTO  
DALLA LANA SCHOOL OF PUBLIC HEALTH  
Waakebiness-Bryce Institute for Indigenous Health



## ONTARIO NEIHR WEBINAR SERIES 2021

---

**Dr. Michael Hart**

**February 22, 2021**

**3 pm to 4 pm (EST) via Zoom (link provided upon Eventbrite registration)**

**Registration: [HERE](#)**

### **Philosophies of Indigenous practices with Indigenous peoples in the field of mental health**

Dr. Michael Hart is a proud citizen of Fisher River Cree Nation in central Turtle Island. In 2018 he moved to the University of Calgary to be the inaugural Vice-Provost of Indigenous Engagement, and professor in Faculty of Social Work. Previously, he held a Canada Research Chair in Indigenous Knowledges and Social Work through the University of Manitoba from 2012 to 2018. Dr. Hart led the development of the Master of Social Work in Indigenous Knowledges program at the University of Manitoba and was the first Director of the program. His research focuses on Indigenous helping perspectives, theories, and practices. He holds a BSW, MSW and PhD in Social Work from the University of Manitoba, as well as a BA in Psychology from the University of Manitoba.



Indigenous peoples have developed ways of supporting and helping one another and been using them for generations. These ways are based in Indigenous understandings of life, the world, and our place in it, in other worlds Indigenous philosophies. This presentation will speak on some shared aspects of Indigenous philosophies and how these are reflected in Indigenous practices of supporting and helping people related to the non-Indigenous defined field of “mental health.”