

## **ONTARIO NEIHR WEBINAR SERIES 2021**

## Dr. Jeffrey Ansloos April 14, 2021 12 pm to 1 pm EST via Zoom (link provided upon Eventbrite registration) Registration: HERE

Lessons of Indigenous Mental Health Promotion and Health Communications During the COVID-19 Pandemic

Dr. Jeffrey Ansloos is a Registered Psychologist, Canada Research Chair in Critical Studies in Indigenous Health and Social Action on Suicide, and Assistant Professor of Indigenous Health and Social Policy in the Department of Applied Psychology and Human Development at the Ontario Institute for Studies in Education at the University of Toronto. Dr. Ansloos is the current Faculty Chair of the Indigenous Education Network. Dr. Ansloos is Nehiyaw (Cree) and English and is a member of Fisher River Cree Nation (Ochekwi-Sipi; Treaty 5). He was born and raised in the heart of Treaty 1 territory in Winnipeg, Manitoba.



This presentation highlights the importance of Indigenous mental health promotion and relevant health communications in the midst of the COVID19 pandemic. While life under the threat of pandemics of various forms are not new to Turtle Island, and the homelands of Indigenous peoples around the world, COVID19 has laid bare the various ongoing colonial inequities in mental health care and services for Indigenous peoples. This presentation will offer some reflections, experiences and resources in regard to Indigenous mental health promotion, with particular regard for the importance of contextually-informed, culturally-relevant, and structurally-transformative mental health practices and health communications.