

Indigenous Cultural Competency Resources

Check out these great resources for readings and other information about Indigenous Cultural Competency!

DLSPH's Waakebiness-Bryce Institute for Indigenous Health has various resources for students and a calendar of events to check out!

<https://www.dlsph.utoronto.ca/institutes/wbiih/>

Indigenous Canada Course Offered by the University of Alberta:

<https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html>

Check out First Nations House for on-campus resources and services for Indigenous students, and those who want to learn more:

<https://studentlife.utoronto.ca/department/first-nations-house/>

For recommendations on books, articles, videos, and other documents, check out Laurentian University's website:

<https://laurentian.ca/indigenous-programs/cultural-competency>

For some self-reflection questions about Indigenous cultural competency, check out this website:

<https://www.ictinc.ca/blog/indigenous-cultural-competency-self-assessment-checklist>

Indigenous health resources from U of T's Faculty of Nursing:

<https://bloomberg.nursing.utoronto.ca/current-students/academic-resources/indigenous-health-resources/>

Free e-book on tips on Indigenous cultural competency "23 Tips on What Not to Say or Do":

<https://www.ictinc.ca/23-tips-on-what-not-to-say-or-do>

Cancer Care Ontario has free modules you can complete to learn more about Indigenous history and Indigenous health! Download your certificate of completion after each module.

<https://www.cancercareontario.ca/en/resources-first-nations-inuit-metis/first-nations-inuit-metis-courses>

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