

Welcome to Interview Preparation

We will start shortly. While you wait:



✓ Please mute

✓ Update your display name:



- Hover your cursor over the window with your video
- Click on the three dots in the top right corner
- Use the “Rename” function to display your name as it appear on CLNx (This is for registration purposes).

✓ In the chat, share:



- What is one question you would like to have answered about interview preparation?

Interview Preparation

Monday November 15 | 5:15 – 6:30PM

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[CLNx.utoronto.ca](https://clnx.utoronto.ca)

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A Plan for Our Time Together

- **Interview Basics**
 - Preparation, Question Types, and STAR method
- **Remote Interviews**
 - Set Up, Tips & Techniques
- Strategies for fostering **interview readiness**
- Understand your **rights & navigating disclosure**
- Next Steps and Resources



What is a Job Interview?

- **Interviews are about storytelling.** Interviews involve telling successful 1- 2-minute career related stories that demonstrate that you have the skills, experiences and motivation to succeed in the job.
- Interviews are two-way, you are assessing if this is the right role for you.
 - How well does the job match your skills and interests?
 - Will it challenge you and for how long?
 - What is the working environment?

A Good Interview Story



- **Structure** – beginning, middle and end
- **Actions** – describing what you did
- **Meaning** – going beyond the “what” to the “so what?”



Interview Preparation

1. Research

- Organization - Website, Social Media, News
- Industry
- Interviewers and format
- Network with past or present employees

2. Question Preparation

- Interview Strategies Guide
- Look to job description and your research to anticipate questions
- Create responses in response to anticipated questions
- Prepare questions to ask them

3. Practice

Anticipate the Questions: T-Chart

| Top Required Skills | Interview Questions |
|--|---------------------|
| <ul style="list-style-type: none">• Lead and support transformational special projects in support of our new Strategic Plan 2019-2024.• Support the OSM team, CEO, Senior Leadership Team members to provide analytics and project management support for specific projects. | |
| <ul style="list-style-type: none">• Collect and analyze data from multiple sources to help prioritize improvement initiatives and monitor performance.• Conduct jurisdictional scans to identify leading practice examples• Develop options analysis and recommendations | |
| <ul style="list-style-type: none">• Deliver project deliverables on time, within budget and within scope• Prepare presentations and reports as needed | |

Taken from job posting: Office of Strategy Management – Consultant



Interview Questions!

Please share in the chat:

- **What is one question you've had success answering in the past?**
- **What is one question that you have struggled with answering in the past?**

Types of Interview Questions

- **Open ended questions**
 - Cannot be answered yes or no
 - “Tell me about yourself.”
- **Behavioural questions**
 - Focus on specific examples of how you’ve applied specific skill and handled specific situations
 - “Tell me about a time when...”
- **Situational questions**
 - Hypothetical scenarios that require solutions
 - “What would you do if...”
- **Technical**
 - Field specific
 - “What do you know about using SPSS for large data sets?”

Types of Interview Questions

| Type of Questions | Examples |
|-------------------|--|
| Open-ended | <ul style="list-style-type: none">• Tell me about yourself.• Tell me about what led you to apply to (insert role).• What inspired you to enter into the public health profession with a specific focus on (insert specialization)?• What is your opinion on how public-private sectors can collaborate in this (insert field)?• What are some of the emerging programs or initiatives that inspired you to apply to this role? |
| Behavioural | <ul style="list-style-type: none">• Tell me about a time when you had to work with large amounts of data to disseminate to practitioner and scholars. What software did you use? What were some of the challenges you encountered?• Tell me about a time when you conducted program evaluation with a community organization. What was involved? How did you ensure that you were building relationships with the organization?• Tell me about a time when you coordinate a health promotion initiative/program from start to finish. What was the impact of the initiative/program? |

Types of Interview Questions

| Type of Questions | Examples |
|-------------------|--|
| Situational | <ul style="list-style-type: none">• What would you do if you receive a dataset from a colleague that had a missing variable?• What would you do if you receive a dataset that had missing values in the variables? How would you approach recoding it using (insert software)? Who would you involve in the discussion?• What would you do if during a participant during a research study you were part of decided to withdraw? Prior to the interview? During the interview? After the interview?• What would you do if one of the keynote speakers for your event promotion was no longer able to attend?• What would you do if your colleagues had a disagreement on how to code the dataset? What would be your role? |
| Technical | <ul style="list-style-type: none">• What technology do you prefer using when cleaning, analyzing and presenting large sets of quantitative/qualitative data? Why?• Given the different stages in research (e.g., formulating a research question, research problem, ethics, data collection, data analysis). Where do you think your biggest strengths/weaknesses are?• What theoretical framework guides your approach to (insert task)? |

Up Next: Answering Behavioural Questions

Answering Behavioural Questions

Be specific and relevant, illustrating how YOUR experience is right for the job. The **STAR** method can be a helpful way to structure your response.

- **Situation** – When and where did you demonstrate the skill/qualification?
- **Task** – What was your task/ challenge? What were you required to do?
- **Actions** – What did you do? What steps did you take?
- **Result** – What came out of the experience? What did you learn?

You can also **STARR**, through demonstrating the **R**elevance of your response by linking it to the position.

At the End of an Interview

- Do you have any questions for us? Do you have anything else to add?
 - Good questions allow you to learn things that will help you determine if the organization / position is the right fit for you.
 - Opportunity to add / clarify an earlier response
 - Your final 30 second pitch for why they should hire you

Interview Follow-up

- Send a thank you email within 24 hours

- 86% of employers view candidates who do not send thank you notes as clearly not good at "follow through"
- 22% of employers are less likely to hire a candidate who does not send a thank you. ([CareerBuilder survey](#))

- Check-in but be patient as you wait for next steps
- Be ready with references

Types of Remote Interviews

- Phone Interview
- Live Video Interview (Skype, Zoom, MS Teams, Google Hangout, etc.)
- Pre-Recorded Video

What are some pros/cons of a remote interview? Please share in the chat.





Tips for Remote Interviews

- Equipment
- Software (Skype, Zoom, MS Teams, Conference line)
 - Try testing out the software in advance if possible to familiarize yourself
- Internet connection
- Location – quiet, clean background
- Lighting
- Avoid/reduce distractions and interruptions
- Have a back-up plan (e.g. phone if audio is choppy)

[How to Look Good in Skype Interviews - Tips & Training](#)



Tips and Techniques

- Be as natural as possible
- Be punctual – right on time
- Dress professionally
- Be mindful of body language
- Ensure eye contact
- Tone of voice – be genuine and enthusiastic
- Be concise and pause



Discrimination in Job Interviews

- Understanding your Rights
- Research company culture and look for companies with equal opportunity statements
- Prepare how you want to respond to any discriminatory question on the spot

Deciding If and When to Disclose

- Understand your rights and responsibilities around disclosing
 - It is your personal choice
 - Legally an employer cannot ask a question about the disability
 - If your disability will not affect your ability to do the job, you are not required to disclose
 - Ask for accommodation needs for your interview, if required
 - Be honest with employer when you require accommodation

Research Your Rights

- [The Canadian Human Rights Act](#)
 - Prohibits discrimination in employment based on a disability, include mental illness and drug/alcohol dependence
 - Requires that employers do everything they can to accommodate
- [Ontario Human Rights Code: Duty to Accommodate](#)
 - The *Code* provides for equal rights and opportunities, and freedom from discrimination
- [Employment Equity Act](#)
 - Eliminate barriers to employment for people with disabilities
- [Accessibility for Ontarians with Disabilities Act \(AODA\)](#)
 - The purpose of the AODA is to develop, implement and enforce standards for accessibility related to goods, service, facilities, employment, accommodation and buildings

Next Steps

Interview Practice

- Big Interview ([CLNx](#))
- Practice Interview with a peer, friend, or yourself
- Mock Interview Practice Appointment (book 1:1 appointment on [CLNx](#))

Additional Interview Resources

- [Career Exploration & Education website](#)
- [Interview Techniques Guide](#)
- [Sample Questions](#)

Other Resources

- [Knowing Your Rights](#)



Thank You - Q & A

To ask a question...

- ✓ Unmute
- ✓ Turn on your video if you like
- ✓ Use the chat

Before you leave...

- ✓ In the chat (centre, bottom of screen):
 - What has been your key take away from today's session?

Career Exploration & Education Online

Check out clnx.utoronto.ca for the following:

- Online advising appointments
- Online workshops
- Online Career & Alumni Chats
- Job Board
- Job Shadowing Program
- Work Study Program
- CLNx Resources
- [Online Chat Tool](#)

Questions or concerns, please email careercentre@mail.careers.utoronto.ca