DALLA LANA SCHOOL OF PUBLIC HEALTH

Outreach and Access Program



My experience in the Outreach and Access program has been nothing short of eye-opening. When I first joined this program, I didn't know what to expect. I just viewed it as a good opportunity to partake in. As this program progressed, I became intrigued with the conversations being held as I was learning topics I never cared to think about before. For example, Health equity is an interesting part of public health that I learned last year. Knowing that your socioeconomic status can greatly determine the medical treatment you receive stuck with me. Health equity is only one tiny part of this interdisciplinary field and through the program, you can learn about many more fields, finding something that could potentially intrigue you. Through this program, I have heard many public health professionals speak about their roles in this large field and their contributions. Each one of them brought a different perspective to the table and challenged the members of Outreach and Access to think deeply about the systems around them. I've also had the opportunity to meet university students who were once members of this program, showing that post-secondary pathways are possible for high school students who may feel like they don't have enough to pursue higher education. Last summer, I was able to visit the UofT campus and meet the instructors in person after being unable to in the school year. The event was cool as we were able to study fictional cases and provide what we would do if we were tasked with solving them. Overall, this program has been nothing but great for me and has allowed me to express positive energy in a secure environment where critical thinking and creativity are encouraged. For all incoming grade 9's, I highly recommend that you consider this opportunity and join an environment that you can grow and be guided in.