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ON NEIHR *Shkaakaamikwe gchi twaa miigwewin* (Mother Earth's Gifts) Spring Newsletter

02 June 2022

### Editorial

*Aaniin Boozhoo, Sekon, Wachay, Hello;*

Welcome to the first issue of *Shkaakaamikwe gchi twaa miigwewin's* ON NEIHR seasonal newsletter (4 per year), which is intended to help community stay connected and up to date with each other as we all continue working in good ways. In this Spring issue, there are updates from the ON NEIHR's growing community, organized by research themes, and information about upcoming webinars/events. As this newsletter and the work expands, it will include more updates, publications, recent and upcoming activities, plus events from each theme group.

We believe that this is a pivotal time in history, with the beginning of a new cycle. We believe that our ancestors worked for us to be here, as our descendants will be able to say of us. Not only have Indigenous Peoples across Turtle Island survived colonialization but are now in the process of decolonization. The work of the ON NEIHR community is walking this path, while also helping to ensure that the wounds of colonialism are cleaned and healing. The *Shkaakaamikwe gchi twaa miigwewin* has created spaces for ceremony to return to all that is done and has invited Elders and community leaders to guide and advise. The *Shkaakaamikwe gchi twaa miigwewin* has created spaces, both virtually and in-person, that strengthen so much more than just relationships with one another; also strengthened is self-determination, a sense of family in research, connections to the land and her creatures, and a sense of belonging and spiritual identity.

It is an absolute honour, as students, to be a part of this incredible ON NEIHR community. We, the editors, are humbled by the capacity for greatness and bravery by the academic and community researchers, the community partners, our fellow student research assistants, and our Elders and Knowledge Keepers. All are invited to celebrate the ON NEIHR community and the many ways action has been taken and changes made to ensure the wellbeing, safety and identity of Indigenous people in mental health care.

To all our relations, we see you, we hear you, we love you and we are proud to call you family.

Miigwetch!

ADD SIGNATURES

Michael Brown, Med, ON NEIHR Research Assistant. Darshana Koirala, MPH, ON NEIHR Research Assistant

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Research Theme:

## LAND BASED AND PLANETARY HEALTH SOLUTIONS

Maile M. Taualii

Lynn Lavallee

Angela Mashford-Pringle

**Theme Lead:** Rod McCormick

Chantelle Richmond

**Elder:** Wendy Phillips

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## Publications

McCormick, R. (2019). Has Reconciliation been Re-Concealed? Knowledge Makers, 5  
<https://knowledgemakers.trubox.ca/knowledge-maker-journal/2020-2/>

Huisman, L., Bene Watts, S., Arbour, L., McCormick, R (2020) Understanding the personal and community impact of long QT syndrome: A perspective from Gitksan women, Journal of Genetic Counselling, (4):562-573

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## Activities

### Academic Presentations

McCormick, R. (2019) Presentation at the International Indigenous Mentorship Workshop in Auckland NZ

Keynote for NGGS (National gathering of Graduate Students) 2020 "Navigating the academy as a new academic

Presenter to the Canadian Standing Senate Committee on Legal and Constitutional Affairs to study Bill C-7, An Act to amend the Criminal Code (medical assistance in dying).

Speaker at western Canada conference on Philanthropy and Community Mental Health. Title: The place of Philanthropy in Indigenous Mental Health

Opening speaker-IMN-NGGS 2020 (National gathering of Graduate Students) conference

### Community Presentations

McCormick, R. (2019) Presentation on Indigenous mental health at the Community Research Forum Quaaout Lodge.

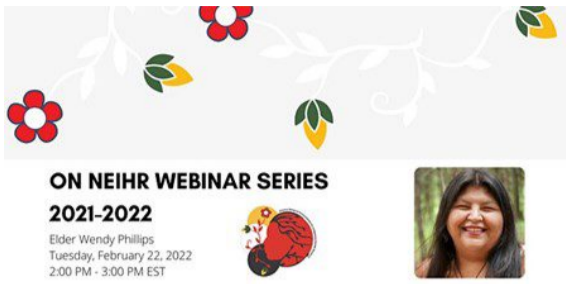
Presented lectures on Indigenous health to various graduate classes ie MSc nursing, BScN Nursing, MSc environmental science classes.

Workshop Presentation to Canadian Mental Health Association, North and West Vancouver Branch on how to meaningfully incorporate nature into healing.

Forum presentation on Bill C7: Expanding access to MAiD to persons whose natural death is not reasonably foreseeable. Hosted by: The Indigenous Health Nursing Committee -School of Nursing.

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## Events



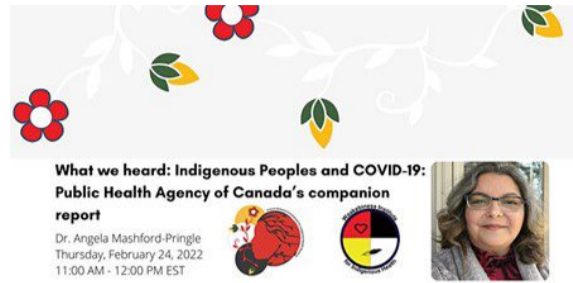
**ON NEIHR WEBINAR SERIES**  
**2021-2022**  
Elder Wendy Phillips  
Tuesday, February 22, 2022  
2:00 PM - 3:00 PM EST

Feb. 22, 2022

**Elder Wendy Phillips**

Talk Title: Teachings on the Mind from an Anishnaabe Perspective

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**What we heard: Indigenous Peoples and COVID-19: Public Health Agency of Canada's companion report**  
Dr. Angela Mashford-Pringle  
Thursday, February 24, 2022  
11:00 AM - 12:00 PM EST

Feb. 24, 2022

**Dr. Angela Mashford-Pringle**

What we heard: Indigenous Peoples and COVID-19: Public Health Agency of Canada's companion report"

[Click to View Event](#)



Research Theme:  
**HEALING FROM TRAUMA AND REDUCING ADDICTIONS**

Brenda Restoule

Alanaise Goodwill

Christopher Mushquash

**Theme Lead:** Holly Graham

**Elder:** Luana Shirt

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## Publications

### Academic

Lund, J.I., Toombs, E., Radford, A., Boles, K., & Mushquash, C. (2020). Adverse childhood experiences and executive function difficulties in children: A systematic review. *Child Abuse & Neglect*, 106. <https://doi.org/10.1016/j.chiabu.2020.104485>

Toombs, E., Kowatch, K., Dalicandro, L., McConkey, S., Hopkins, C., Mushquash, C. (2020). A Systematic Review of Technology Assisted Interventions for Indigenous Youth: Results and Recommendations. *Journal of Telemedicine and Telecare*. <https://doi.org/10.1177/1357633X19899231>

### Book Chapters

Mushquash, C.J., Dawson, A.S., & Toombs, E. (in press). Indigenous mental health and addiction. In R. Schiff & H. Møller (Eds.) *Health and Healthcare in Northern Canada*.

Mushquash, C. J., Toombs, E., Kowatch, K. R., Lund, J., Dalicandro, L., & Boles, K. (2021). Promoting resilience within public health approaches for Indigenous communities. In M. Ungar (Eds.) *Multisystemic Resilience: Adaptation and Transformation in Changing Contexts*. Oxford, United Kingdom: Oxford University Press.

## **Reports, Letters and Non-Peer-Reviewed Contributions**

Mushquash, C.J., Hill, M.E., Nadin, S., Fernandes, K., Ewen, V., Zacharias-Bezanson, R., MacIssac, A., Mohammed, S., Kakeeway, N., & Karschti, S. (2020). Evaluation of the Choose Life Initiative in Nishnawbe Aski First Nations. (Technical Report). Thunder Bay: Centre for Rural and Northern Health Research.

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## **Activities**

### **Presentations**

Dalicandro, L., Schmidt, F., Francis, M., Kleynendorst, W., Dixon, J., Bobinski, T., & Mushquash, C. (2021). A program evaluation of a culturally adapted SNAP program for First Nations youth with conduct-related issues. Virtual poster accepted to the Canadian Psychological Association's 82nd Annual National Convention.

Mushquash, C.J. (2020, December). Research to Improve Care for First Nations Children: An Example from Northwestern Ontario. Virtual presentation for the 2020 Children's Mental Health Ontario Virtual Conference.

Mushquash, C.J. (2020, November 10). Adverse Childhood Experiences in addiction treatment. Virtual presentation for the Thunderbird Partnership Foundation.

Mushquash, C.J. (2020, October 27). Adverse childhood experiences and executive functioning. Talk presented to the Centre for Addiction and Mental Health Sítiskátowin Program Webinar Series "To Support One Another" Supporting Children, Youth, and Families in Wellness.

Lund, J., Toombs, E., Bobinski, T., Drebit, M., Dixon, J., & Mushquash, C. (2020). An Examination of Adverse Childhood Experiences and Post-Traumatic Stress among First Nations Adults Seeking Substance Use Treatment. Virtual poster presentation for the Indigenous Health Conference 2020, Niagara Falls, Ontario.

Mushquash, C.J. (2020, July 3). Cultural awareness for the Indigenous population. Virtual presentation for the Northern Ontario School of Medicine, Thunder Bay, Ontario, Canada.

Dalicandro, L., Schmidt, F., Francis, M., Kleynendorst, W., Dixon, J., Bobinski, T., & Mushquash, C. (2020). A program evaluation of a culturally adapted SNAP program for First Nations youth with conduct-related issues. Accepted for presentation at the 2020 Annual Convention of the Canadian Psychological Association, Montréal, Québec, Canada (conference cancelled due to COVID-19).

Boles, K., Lund, J., Toombs, E., Radford, A., Mushquash, C.J. (2020). Adverse childhood experiences and executive function difficulties in children: A systematic review. Accepted for oral presentation at the 2020 Annual Convention of the Canadian Psychological Association, Montréal, Québec, Canada (conference cancelled due to COVID-19).

Mushquash, C.J. (2020, May 1). Telemedicine for mental health with First Nations. Virtual presentation for the First Peoples Wellness Circle (FPWC), North Bay, Ontario, Canada.

Mushquash, C.J. (2020, March 20). Colonization and neurodevelopment. Seminar presentation for the Northern Ontario Psychology Internship Consortium (NORPIC) Education Series, Thunder Bay, Ontario, Canada.

Mushquash, C.J. (2020, February). Perspectives on Indigenous mental health: Cultural teachings and implications for care. Presented for The Department of Clinical Psychology's Robert Martin Memorial Lecture, University of Manitoba, Winnipeg, Canada.

Lund, J., Toombs, E., Drebit, M., Bobinski, T., Dixon, J., & Mushquash, C. (2020). Rates of Adverse Childhood Experiences in First Nations Adults Seeking Substance Use Treatment in Northwestern Ontario. Poster presented at the 2020 St. Joseph's Care Group Showcase of Health Research, Thunder Bay, Ontario, Canada.

Boles, K., Radford, A., Zugic, K., Toombs, E., Lund, J., & Mushquash, C.J. (2020). Examining Mental Health Outcomes from Adverse Childhood Experiences (ACEs) within Indigenous Populations: A Systematic Review. Poster presented at the 2020 St. Joseph's Care Group Showcase for Health Research, Thunder Bay, Ontario, Canada.

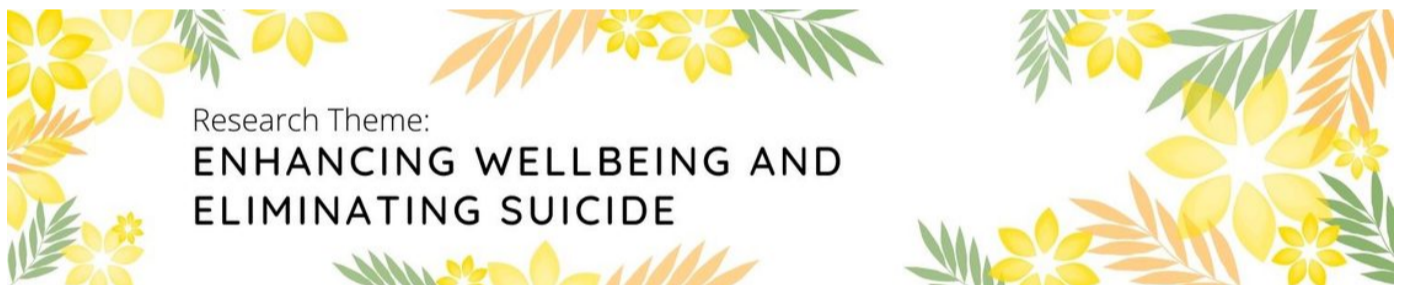
Uhrig, A., Mushquash, C., Wendt, D. C., Burack, J. A., & O'Connor, R. M. (2020, January). Historical loss and alcohol use among Indigenous youth. Poster presented at the Concordia University Centre for Clinical Research in Health 7th Annual Conference, Montréal, Québec, Canada.

Toombs, E., Lund, J., Bobinski, T., Drebit, M., & Mushquash, C.J. (2019). Adverse Childhood Experiences and Substance Use for a First Nations Population. Oral presentation at the Canadian Centre on Substance Use and Addiction's Annual Issues of Substance Conference, Ottawa, Ontario.

Mushquash, C.J. (2019, November). Moving toward wellness: Supporting the whole person. Keynote talk given at the Superior Seating and Mobility Conference, Thunder Bay, Ontario, Canada.

Mushquash, C.J. (2019, October). Indigenous cultural safety: Taking a trauma-informed approach in education. Presented for Lakehead Public Schools, Thunder Bay, Ontario, Canada.

Mushquash, C.J. (2019, October). Intergenerational trauma in Indigenous communities. Presented at the Ontario Court of Justice, Sault Ste Marie, Ontario, Canada.



Renee Linklater

**Theme Lead:** Jeffrey Ansloos

Brenda Restoule

**Elder:** Clay Shirt

Michelle Dickson

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## Events

Feb. 25, 2022



**Dr. Jeffrey Ansloos, Shanna Peltier, Jordan McVittie, Nicole Santos Dunn**

Indigenous Suicide Risk Assessment in the Canadian Context: Literature Review

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Jeffery Schiffer

Elizabeth Virkutis

Mikaela Gabriel

Sarah Ponton

Pamela Hart

Michael Brown

Michael Hart

**Theme Lead:** Suzanne Stewart

Henry Harder

**Elder:** Pauline Shirt

Roy Strebel

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## Publications

### Academic, Peer-Reviewed

Stewart, S., Ponton, S. J., Gabriel, M. D., Strebel, R., & Lu, J. (2021). The Mental Health of Indigenous People During the COVID-19 Pandemic: A Scoping Review. In Progress.

Stewart, S., Gabriel, M. D., Teekens, S., Smylie, J.... et al. (2021). Cultural Caring in Health Care in COVID-19: Reflections and Practices from the Auduzhe Mass Vaccination Clinic. In Progress.

Stewart, S. & Gabriel, M. D. (2021). Socially Distanced, Spiritually Connected: Reflections on Community Partnerships in Practice & Pandemic Planning Responses. In Progress.

Gabriel, M. D. & Stewart, S. (2021). One Wheel, Many Hats: Wholistic Research Practices and Community-Driven Post-Doctoral Training. In Progress.

### Referred Journals

Stewart, S. (2020). Editorial: Addressing Strengths and Disparities in Indigenous Health, International Journal of Indigenous Health, 15, 1, p.4 <https://doi.org/10.32799/ijih.v15i1.34976>

Stewart, S. & Mashford-Pringle, A. (2019). Editorial: Growing Roots of Indigenous Wellbeing. International Journal of Indigenous Health, 14, 2, p.4. DOI: 10.32799/ijih.v14i2.32958

Stewart, S. & Mashford-Pringle, A. (2019). Editorial: Physical Activity and Cultural Safety. International Journal of Indigenous Health, May, 14, 1, p.4. DOI 10.32799/ijih.v14i1.3272

Stewart, S. & Mashford-Pringle, A. (2018). Editorial: Death & Dying. International Journal of Indigenous Health, December, 13, 2, p.4. DOI 10.18357/ijih.v13i2.32019

Stewart, S. & Mashford-Pringle, A. (2018). Editorial: A barrier-free health system for Indigenous Communities. International Journal of Indigenous Health, December, 12, 2, DOI <https://doi.org/10.32799/ijih.v13i1.30318>

Mashford-Pringle, A. & Stewart, S. L., (2019) Akiikaa (it is the land): exploring land-based experiences with university students in Ontario. Journal of Global Health Promotion, 3, 64- 72.

## **Book Chapters**

Stewart, S., Gabriel, M. D., & Teekens, S. (2021). Indigenous Homelessness and Traditional Knowledges: Evidence Based Research and Practice. In S. Okpaku (Ed.) *Essentials of Global Mental Health*, Cambridge University Press.

Marshall, A. & Stewart, S. (2021). Indigenous and cultural minority school-to-work pathways in Canada in *Young Adult Development at the School-to-Work Transition* (Marshall and Symonds, Eds), Oxford University Press.

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## **Activities**

### **Academic Presentations**

Gabriel, M. D. (2020, February). Traditional Knowledge, Future Healing: Cultural Connection and Healing in Indigenous Homelessness. Presentation for the Canadian Indigenous/Native Studies Association 2020, Chanie Wenjack School for Indigenous Studies, Trent University.

Stewart, S. L., Gabriel, M. D., & Syrette, J. B. (2019, November). Decolonizing Indigenous Homelessness. Main presenter at the Canadian Alliance to End Homelessness 2019 Conference, Edmonton, Alberta, Canada.

Gabriel, M. D. (2019, November). Traditional Knowledge as Current Care: exploring Elder outreach for Indigenous homelessness in urban centres. Dalla Lana School of Public Health Annual Student-Led Conference, Pushing the Paradigm: Broadening our Understanding of Mental Health.

### **Community Presentations**

Gabriel, M. D. (2020, December). Mother Earth & Indigenous Health: Research and policy understandings. Panelist presentation, panel theme: Translating Indigenous knowledges data into practice and policy. Ontario Network Environments for Indigenous Health's Indigenizing Health Symposium (Virtual Knowledges Exchange), December 2020.

### **Referred Conference Presentations**

Stewart, S. (2020, November). Indigenous knowledges and pandemic responses for urban Indigenous populations in Canada. Paper presentation. Global Webinar on Traditional and Alternative Medicine. <http://www.globalscientificguild.com/traditional-medicine-webinar>

Stewart, S. L. & Marshall, E.A. (2020, January). "Indigenizing Career Counselling: Breaking Bad Employment Policy with Indigenous Knowledges." Paper presented at the Hawaii International Conference on Education. Honolulu, HI, USA.

Stewart, S. L., Gabriel, M. D., & Syrette, J. B. (2019, November). Decolonizing Indigenous Homelessness. Main presenter at the Canadian Alliance to End Homelessness 2019 Conference, Edmonton, Alberta, Canada.

Marshall, E.A., Lawrence, B.C. Milford, T., & Stewart, S. L. (2019, October). Educational and work transitions for vulnerable emerging adults: Challenges, research findings, and strategies for support." Symposium presentation at the 9th biennial Conference of the Society for the Study of Emerging Adulthood (SSEA). Toronto, ON.

### **Other**

Stewart, S. (2020, December). Mental Health and Wellness. Invited Speaker. Nokiiwin Tribal Council/Health Safety & Wellness, Thunder Bay, ON.

Layton, M., Falconer, J., Stewart, S., & Haag, J. (2020, October). Black Lives Matter and Defunding the Toronto Police panel discussion. Hart House Debates and Dialogue Committee, University of Toronto, ON.

Stewart, S. (2020, August). New Tenure Stream Faculty Orientation Panel, Office of the Vice President of Research and Innovation, Invited Panelist. University of Toronto, ON.

Bulle, S., Nnorom, O., Shoush, S., Stewart, S., Alexander, D., & Michelin, M. (2020, July). Doctors on defunding the police panel discussion, Invited Panelist. City of Toronto, ON.

Stewart, S. (2020, July). Anti-racism and mental health panel discussion, Faculty of Kinesiology. Invited Panelist. University of Toronto, ON.



## Events



**ON NEIHR WEBINAR SERIES  
2021-2022**  
Dr. Sabina Mirza  
Tuesday, January 18, 2022  
11:00 AM - 12:00 PM EST



Jan. 18, 2022

**Dr. Sabina Mirza**

Talk Title: Exploring Education and Mental Health Through the Voices of Indigenous Youth Who Have Experienced Homelessness

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**ON NEIHR WEBINAR SERIES 2021-2022**  
Talk Title: Supporting Indigenous health scholars using relational and culturally-based methods: Lessons learned from Ontario's Indigenous Mentorship Network



Katie Big-Canoe  
Thursday, April 28, 2022  
2:30 PM - 3:30 PM EST

Apr. 28, 2022

**Katie Big-Canoe**

Supporting Indigenous health scholars using relational and culturally-based methods: Lessons learned from Ontario's IMN

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