

ONTARIO NEIHR

# SEASONAL NEWSLETTER

Fall Edition



## SEPTEMBER 8TH, 2023

Aaniin, Boozhoo, Sekon, Wachay, Hello;

We are elated to release the latest Fall issue of the Shkaakaamikwe gchi twaa miigwewin seasonal newsletter, marking the fifth iteration of our publication. Within this edition, we will spotlight the remarkable efforts undertaken at the Ontario NEIHR, as our dedicated team has been diligently engaged in a range of vital projects and endeavors. From in-depth research studies and informative presentations to interactive community knowledge-sharing circles, there exists a multitude of achievements that we are eager to share and commemorate.

These gatherings and written works have proven to be incredibly empowering, fostering positive impacts across various dimensions. We are enthusiastic about our ongoing pursuit of enhancing the spiritual, mental, emotional, and physical well-being of individuals and communities alike. Our unwavering commitment to honoring and valuing the wisdom of Elders and Knowledge Keepers, who graciously share their teachings with us, remains steadfast.

Our heartfelt appreciation extends to all those who stand behind us, and we eagerly anticipate your sustained involvement.

Chi Miigwetch,

Iman F. Dar, Research Assistant at WIIH, Co-Editor

Michael Brown, MEd, Research Officer and Cultural and Spiritual Events Coordinator at WIIH, Co-Editor

# Upcoming Events



## DRUM CIRCLE LED BY SPIRIT WIND

**SEPTEMBER 19TH, OCTOBER 3RD, OCTOBER 17TH, NOVEMBER 7TH**

The Drum circle will be led by Spirit Wind. Feel free to bring your own drum. If you do not have one, a drum can be provided. No experience is necessary. All U of T students are welcome. This will be held at the teaching lodge until further notice!



## SWEAT LODGE CEREMONY

**SEPTEMBER 28TH 2023, OCTOBER 26TH 2023, NOVEMBER 30TH 2023**

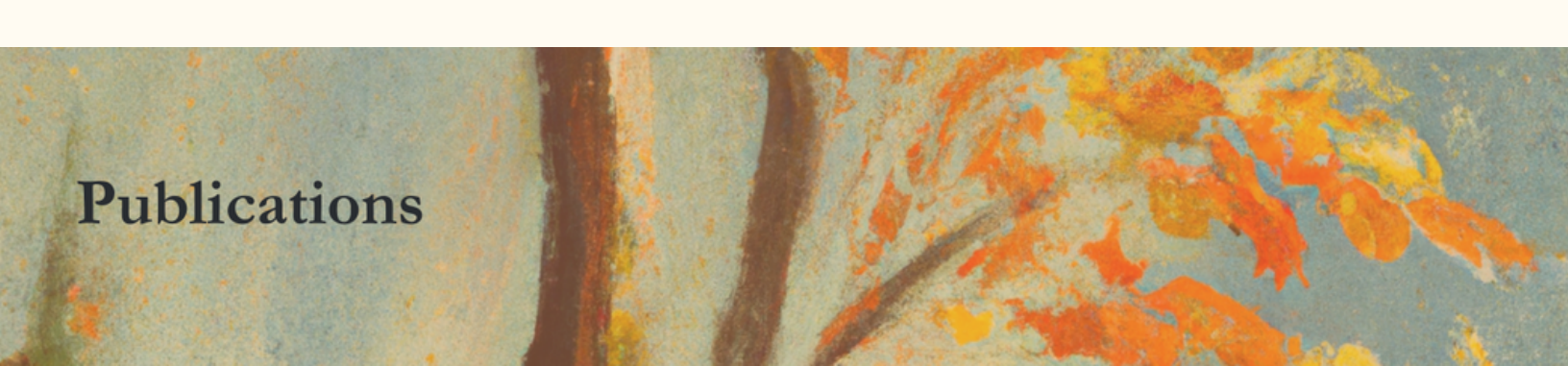
The gathering will be held in sacred space and involves a time for deep reflection. The event is open to all of those who wish to attend.



## INDIGENIZING HEALTH SYMPOSIUM

**OCTOBER 25-26**

The WIIH & ON NEIHR along with the the Ontario IMN will be co-hosting Indigenizing Health Symposium 2023: Nations Gathering on the Land, which aims to share knowledges, and foster dialogue and collaboration about Indigenous health and land based healing. This year's symposium will be the first Ontario Network Environment for Indigenous Health Research (NEIHR) land-based gathering. The gathering brings together a diverse group of keynote speakers who will deliver presentations and facilitate workshops in the in the teaching lodge at Hart House Farm. Attendees will have the opportunity to participate in ceremony, and other cultural activities throughout the two-day event. The event is open to academics, health professionals, students, and community members.



# Publications

---

## Published & Upcoming

### **JOURNAL ARTICLES & REPORTS**

Brown, M., Lu, J., Mirza, S., & Stewart, S.L. (2023, in prep). Impacts of Climate Change on the Mental Health of Indigenous Youth Literature Review.

Ponton, S.J., Gabriel, M.D., Lu, X., Stewart, S.L., Strebels, R & Mirza, S. (2023, in prep). The Mental Health of Indigenous Peoples During The COVID-19 Pandemic: A Scoping Review.

Brown, M., Lu, J., Mirza, S., & Stewart, S. (2023, in prep). Impacts of Climate Change on the Mental Health of Indigenous Youth. Report on The Pilot Project.

---

### **CONFERENCE PRESENTATIONS, WORKSHOPS & RESEARCH SYMPOSIUMS**

Stewart, L., & Mirza, S. (May 2023). Impacts of Climate Crisis on Indigenous Youths Mental Health. Native American and Indigenous Studies Association (NAISA). Toronto, ON, Canada.

Stewart, L., & Mirza, S. (June 2023). Impacts of Climate Crisis on Indigenous Youths Mental Health. The Society for the Studies of Emerging Adulthood (SSEA) San Diego, California, USA.

# Past Events



## DROP-IN CEREMONY

**EVERY WEDNESDAY**

Dr. Gokoomis (Grandmother) Jacqueline Lavalée and Dr. Hopi Martin hosted weekly Drop In Ceremony at Askaakamigokwewigamig (Mother Earth Learning Lodge) from 6–8pm. This event was open to staff, students, faculty, and community from all Four Directions (i.e. everyone is welcome!) Thanks to support from: Waakebiness, NEIHR, IEN, and Edge of the Bush



## ON NEIHR Webinar Series

**MAY 29TH 2023, JUNE 20TH 2023, JULY 26TH 2023**

Elder Clayton Shirt facilitated sessions touching upon important topics relating to Indigenous Health. In the June session he was joined by Keith McCrady who spoke about what it means to be 2-Spirit and his experiences in community. On July 26th, the topic was A Path to Healing, presented by Kimberly Fairman and Dr. Sophie Roher.



## FULL MOON CEREMONY

**AUGUST 1ST 2023**

Traditional Ojibwe Ceremony was held at the Mother Earth Learning Lodge, and led by Dr. Gokoomis (Grandmother) Jacqueline Lavalée. This was an open ceremony open to all genders and nations that would like to learn.



## BLUE MOON

**AUGUST 30TH 2023**

Traditional Ojibwe Ceremony was held at the Mother Earth Learning Lodge, and led by Dr. Gokoomis (Grandmother) Jacqueline Lavalée.