

ONTARIO NEIHR
SEASONAL NEWSLETTER
Spring Edition



May 23rd, 2023

Aaniin, Boozhoo, Sekon, Wachay, Hello;

We are thrilled to release the newest spring issue of the Shkaakaamikwe gchi twaa miigwewin seasonal newsletter, marking the fourth edition of our publication. This issue will showcase the exceptional work that has been taking place at the Ontario NEIHR, as our team has been hard at work on a variety of critical projects and initiatives. From research studies and presentations to community knowledge sharing circles, we have many accomplishments to share and celebrate.

These events and publications have been empowering in numerous ways, and we are excited to continue our journey towards improving the spiritual, mental, emotional, and physical health and well-being of individuals and communities. We also remain committed to honouring and respecting the Elders and Knowledge Keepers who generously share their teachings with us.

We sincerely hope you will enjoy reading about our progress and will continue to support us as we strive to make a positive impact. We extend our gratitude to all of our supporters and look forward to your continued engagement.

Chi Miigwetch,
Iman F. Dar, Research Assistant at WIH, Co-Editor
Michael Brown, MEd, Research Officer and Cultural and Spiritual Events
Coordinator at WIH, Co-Editor

Upcoming Events



Sharing Indigenous Knowledges in Academia
Hosted by WILHELM & ONNEHR

Ceremonies + Sacred Fire



A weekly drop in Ceremony at Askaakamigokwewigamig (Mother Earth Learning Lodge)

Led by
Dr. Gokoomis (Grandmother)
Jacqueline Lavallée
&
Dr. Hopi Martin

This event is open to all U of T students, staff, and faculty.

DATES AND LOCATION
6PM - 8PM
Weekly
January 11 '23 - April 26 '23
Askaakamigokwewigamig
(Mother Earth Learning Lodge)
20 Wilcocks St.
University of Toronto,
Toronto, ON, Canada

For more information please contact
wbh@dlsp@utoronto.ca or
ontarioneihr.dlsp@utoronto.ca



Drop-In Ceremony and Sacred Fire Every Wednesday

On Wednesday Nights, starting on January 11, 2023 and continuing through July 26, 2023, Dr. Gokoomis (Grandmother) Jacqueline Lavallée and Dr. Hopi Martin will be hosting weekly Drop In Ceremony at Askaakamigokwewigamig (Mother Earth Learning Lodge) from 6-8pm. This event is open to staff, students, faculty, and community from all Four Directions (i.e. everyone is welcome!) Thanks to support from: Waakebiness, NEIHR, IEN, and Edge of the Bush

SHARING INDIGENOUS KNOWLEDGES IN ACADEMIA
HOSTED BY WILHELM & ONNEHR

SWEAT LODGE CEREMONY

CONDUCTED BY CLAYTON SHIRT

THURSDAY, APRIL 27, 2023
WEDNESDAY, MAY 31, 2023
THURSDAY, JUNE 29, 2023
THURSDAY, JULY 27, 2023
THURSDAY, AUGUST 31, 2023
THURSDAY, SEPTEMBER 28, 2023
THURSDAY, OCTOBER 26, 2023
THURSDAY, NOVEMBER 30, 2023



11 AM - 6 PM

LOCATION AVAILABLE
UPON REGISTRATION

ALL U OF T STUDENTS, STAFF, AND FACULTY WELCOME
FOOD AND DRINK PROVIDED

MOONTIME AND SKIRT PROTOCOLS IN EFFECT
IT IS RECOMMENDED TO BRING A CHANGE OF CLOTHES AND A BATH TOWEL
TO REGISTER OR REQUEST MORE INFORMATION PLEASE CONTACT
WBH@DLSP@UTORONTO.CA OR ONTARIONEIHR.DLSP@UTORONTO.CA



Sweat Lodge Ceremony

May 31st 2023
June 29th 2023
July 27th 2023
August 31th 2023
September 28th 2023
October 26th 2023
November 30th 2023

Upcoming Events

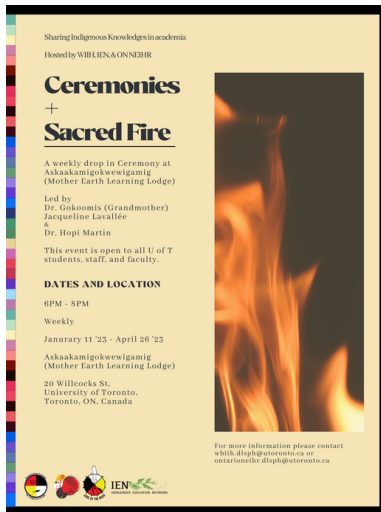


Drum Circle Led by Spirit Wind

First and Third Tuesdays Each Month
Until December

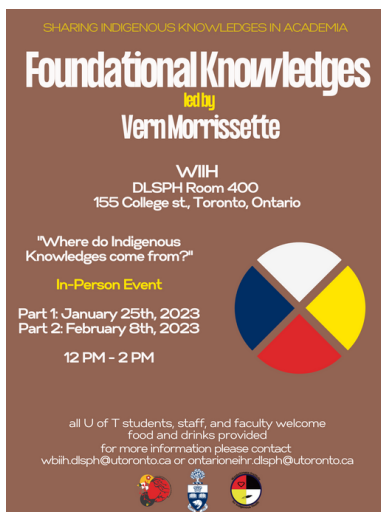
The Drum circle will be led by Spirit Wind. Feel free to bring your own drum. If you do not have one, a drum can be provided. No experience is necessary. All U of T students are welcome. This will be held at the teaching lodge until further notice!

Past Events



Drop-In Ceremony and Sacred Fire Every Wednesday

On Wednesday Nights, starting on January 11, 2023 and continuing through July 26, 2023, Dr. Gokoomis (Grandmother) Jacqueline Lavallée and Dr. Hopi Martin will be hosting weekly Drop In Ceremony at Askaakamigokwewigamig (Mother Earth Learning Lodge) from 6-8pm. This event is open to staff, students, faculty, and community from all Four Directions (i.e. everyone is welcome!) Thanks to support from: Waa'kebiness, NEIHR, IEN, and Edge of the Bush



Vern's Foundational Knowledges Pt. 1 & 2

January 25th 2023 Part 1
February 28th 2023 Part 2

Cultural teachings of Foundational Knowledges with Elder Vern Morrisette will be In-Person at 155 College St. on the 4th floor (Room 400). The two sessions are intended to establish the foundations for Indigenous ways of knowing and being, to answer the question "where do Indigenous knowledges come from?" All U of T students, staff and faculty are welcome! Food and Drinks will be provided.

Past Events

SHARING INDIGENOUS KNOWLEDGES IN ACADEMIA
HOSTED BY WIH & ON NEHR:
TALKING CIRCLES
WIH Boardroom
155 College St., DLSPH - Room 400
Toronto, Ontario

In-Person Event

November 15, 2022
December 6, 2022
January 17, 2023
February 21, 2023
March 21, 2023
April 11, 2023
4 PM - 5:30 PM

This event is to provide cultural and spiritual support for U of T students, staff, and faculty.

Talking circles to provide culturally-safe spaces to have open dialogue about their experiences, team building opportunities, and receive feedback from colleagues and Elders.

all U of T students, staff, and faculty are welcome
food and drink provided

For more information please contact
wih@dlsph.utoronto.ca or ontario@nehr.dlsph.utoronto.ca

Talking Circle

February 21st 2023
March 21st 2023
April 11th 2023

There will be additional Talking Circles to provide cultural and spiritual support based on traditional Indigenous practices. Talking circles will continue to provide culturally safe spaces to have open dialogue about experiences and receive feedback from colleagues and Elders.

Talking Circles provide a culturally safe space to have open dialogue with feedback from Elders and peers.

SHARING INDIGENOUS KNOWLEDGES IN ACADEMIA
WAKINESS INSTITUTE FOR INDIGENOUS HEALTH INVITES YOU TO THE
DRUM CIRCLE
LED BY SPIRIT WIND

FALL/WINTER DATES:

NOVEMBER 16th, 2022
DECEMBER 7th, 2022
JANUARY 19th, 2023
JANUARY 24th, 2023
FEBRUARY 7th, 2023
FEBRUARY 28th, 2023
MARCH 7th, 2023
MARCH 28th, 2023
APRIL 4th, 2023
APRIL 25th, 2023

5 PM - 7 PM

IN-PERSON EVENT

GATHERING AREA
DLSPH WISH
ROOM 400
155 COLLEGE ST
TORONTO

ALL U OF T STUDENTS, STAFF, AND FACULTY WELCOME
BRING YOUR OWN DRUM OR DRUMS TO BE PROVIDED
FOOD AND DRINK PROVIDED

FOR MORE INFORMATION PLEASE CONTACT
WIH@dlsph.utoronto.ca OR ONTARIO@NEHR.DLSPH.UTORONTO.CA

Drum Circle Led by Spirit Wind

January 31st 2023
February 7th 2023
February 28th 2023

The Drum circle will be led by Spirit Wind. Feel free to bring your own drum. If you do not have one, a drum can be provided. All U of T students are welcome.

Past Events

SHARING INDIGENOUS KNOWLEDGES IN ACADEMIA

OSPWAGON PIPE CEREMONY

led by
Vem Morrissette

In-Person Event

December 1st, 2022
January 19th, 2023
February 16th, 2023
March 16th, 2023

1PM - 5PM

Hart House Farm
15911 Creditview Rd
Terra Cotta, Ontario

all U of T students, staff, and faculty are welcome
wear appropriate winter clothing. Skirt protocol recommended but optional
food and drinks provided

for more information please contact
wbih.dlsp@utoronto.ca or ontario.ih.r.dlsp@utoronto.ca



Ospwagon (Pipe Ceremony)

February 16th 2023
March 16th 2023

Pipe Ceremonies will continue to be held on an ongoing basis, In-Person once a month at Hart House Farms. Please wear appropriate winter clothing. Skirt protocols are recommended but optional. Food and Drink will be provided.

SHARING INDIGENOUS KNOWLEDGES IN ACADEMIA
HOSTED BY WIH & ON NEHR

TUPI RAISING

CONDUCTED BY CLAYTON SHIRT

TUESDAY, APRIL 25, 2023

11 AM - 6 PM

LOCATION AVAILABLE
UPON REGISTRATION



ALL U OF T STUDENTS, STAFF, AND FACULTY WELCOME
FOOD AND DRINKS PROVIDED

TO REGISTER OR REQUEST MORE INFORMATION PLEASE CONTACT
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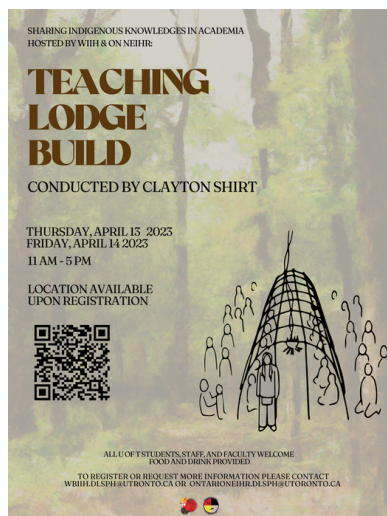


Tipi Raising

April 25th 2023

Tipi Raising was led by Clayton Shirt

Past Events



Teaching Lodge Build

April 13th 2023
April 14th 2023



Sweat Lodge Build

April 6th 2023

Past Events

SHARING INDIGENOUS KNOWLEDGES IN ACADEMIA
HOSTED BY WIIH & ON NEIHR

CULTURE COUNTS

Developing, Implementing and Assessing the Impact of Indigenous Cultural Safety Training in the Delivery and Provision of Health for Indigenous Peoples in Canada

Wednesday,
May 10th
10AM - 1PM



IN-PERSON EVENT

**Workshop Led by:
Dr Paul Whitinui**

(Indigenous Māori - Ngā Puhi, Te Aupouri, Ngāti Kuri, Pākehā)
School of Exercise Science, Health,
and Physical Education
Faculty of Education
University of Victoria, BC



LUNCH TO BE PROVIDED
TO REGISTER OR REQUEST MORE INFORMATION PLEASE CONTACT
WBIH.DLSPH@UTORONTO.CA OR ONTARIO.NEHR.DLSPH@UTORONTO.CA

Culture Counts

May 10th 2023

Developing, Implementing and Assessing the Impact of Indigenous Cultural Safety Training in the Delivery and Provision of Health for Indigenous Peoples in Canada

ON-NEIHR WEBINAR SERIES



UNIVERSITY OF TORONTO
DALLA LANA SCHOOL OF PUBLIC HEALTH
Indigenous Peoples, the Indigenous Health



ON NEIHR Webinar Series

Jan 25th 2023

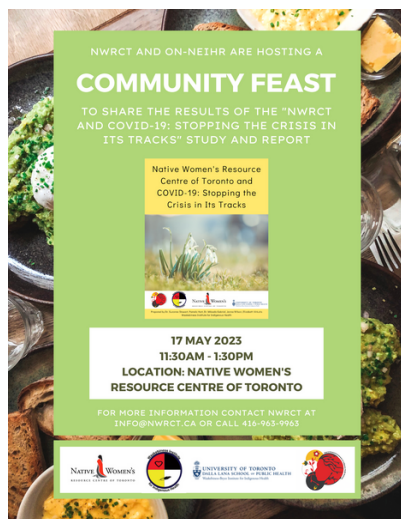
Feb 15th 2023

March 16th 2023

April 28th 2023

Elder Clayton Shirt will be facilitating sessions touching upon important topics relating to Indigenous Health.

Past Events



Community Feast

May 17th 2023

The Waakebiness Institute for Indigenous Health and the Native Women's Centre of Toronto are hosting a community feast on May 17th. Join us at the Native Women's Centre from 11:30am to 1:30pm as we share the results from the "NWRCT and COVID-19: Stopping the Crisis in Its Tracks" study. Registration is not required.

**CAEH Presentation Ku-gaa-gii pimitizi-win:
COVID-19 and Indigenous Vaccination Hesitancy & Experiences from the Streets
Australia 2023**

Dr. Suzanne Stewart, Dr. Stephen Hwang, Mr. Joe Hester, Ms. Sarah Ponton, Dr. Mikaela Gabriel, Michael Brown

Kuu-gaa-gii pimitizi-win began as a research project by Dr. Hwang's team at Unity Health Network (UHN) which sought to explore the vaccine experiences of people who experienced homelessness during the COVID-19 pandemic. Due to the enduring impacts of colonization, systemic racism, and other systemic barriers, there is an over-representation of Indigenous Peoples in homelessness communities. UHN partnered with Anishinawbe Health Toronto and the Waakebiness Institute for Indigenous Health to interpret the results of data they collected from Indigenous participants ethically and appropriately. This project was named "Kuu-gaa-gii pimitizi-win", meaning "life is always moving; forever moving", following a naming ceremony by Healer Dylan Courchene.

**Native Women's Resource Centre of Toronto and
COVID-19: Stopping the Crisis in Its Tracks
May 2023**

Prepared by Dr. Suzanne Stewart, Pamela Hart, Dr. Mikaela Gabriel, Jenna Wilson, Elizabeth Virkutis Waakebiness Institute for Indigenous Health

This project responds to the need for culturally based mental health interventions that are both evidence-based and evaluated from an Indigenous knowledges framework, in light of the lack of research on Indigenous mental health services for the homeless, and ultimately addressing the overrepresentation of Indigenous Peoples in homeless populations. The research question is: How do the clients of NWRCT access and use mental health services, and what culturally based mental health services are most effective at preventing and ending the cycle of homelessness during the COVID-19 pandemic?