



## **Ontario NEIHR Meeting MINUTES**

**Date:** May 19, 2020

**Time:** 3:00pm to 5:00pm

**Location:** Zoom Meeting

### **In Attendance:**

**PI:** Suzanne Stewart, University of Toronto

**Research Coordinator:** Roy Strebel, University of Toronto

**Research Assistant** – Devon Bowyer

### **Co-applicants:**

Roderick McCormick, Thompson Rivers University

Jeffrey Ansloos, University of Toronto

Alanaise Goodwill, Simon Fraser University (UBC)

Angela Mashford-Pringle, University of Toronto

Lynn Lavalley, Ryerson University

Janet Smylie, St. Michael's Hospital Foundation

### **Collaborators:**

Chantelle Richmond, University of Western Ontario

Jeffrey Schiffer (Judith Mintz), Native Child and Family Services of Toronto

Maile M. Taulii, Kaiser Permanente Centre for Health Research Hawaii

Brenda Restoule, First Peoples Wellness Circle (Nipissing First Nation)

Michelle Dickson, University of Sydney (N.S.W., Australia)

Holly Graham, University of Saskatchewan

Wendy Philips, University of Toronto

Michael Hart, University of Calgary

**Knowledge Users:**

Clay Shirt, University of Toronto  
Elder Pauline Shirt, University of Toronto  
Luana Shirt, University of Toronto

**Regrets:**

Henry Harder, University of Northern British Columbia  
Sandra Eades, University of Melbourne  
Renee Linklater – CAMH  
Pamela Hart, University of Toronto,  
Karlee Fellner, University of Calgary  
Mikaela Gabriel, University of Toronto  
Christopher Mushquash - Lakehead University

ITEM	DISCUSSION	RECOMMENDATION/MOTION/ ACTION
1 Indigenous Spiritual Opening		Opening performed by Clay Shirt.
2. Welcome and Members’ Introduction	1. Welcome, Dr. Suzanne Stewart Introductions- 20 participants involved in Zoom Call (few were missing)	
3. Review and Approval of Agenda		
4. Approval of Minutes from:		
5. Discussion of Agenda Items	2. Overview of <i>Holistic Indigenous Mental Health and Wellness: Transforming Health Care Strengths and Solutions</i> , Suzanne a. Objective, Purpose, & Outcome	

- The network grant has been funded to allow us (entire team, and specific projects) to address Indigenous mental health through Indigenous knowledges
- How? We all have all our specific projects, with specific areas of interest. We will create an evaluation tool of specific impacts of our communities
- Mechanics of what everyone role will be
- Working with provincial mentorship networks- Chantel (lead for Ontario)
- Plan to have national, and international reach (B.C, Alberta, Manitoba) (Hawaii, Australia)
- Most of the work will be done within Ontario, then link it to the national and international

b. Budget

- Something that we're still working on...
- **\$700,000 for 5 years**
- **Large portion is to support Indigenous mentorship for students**
- Chantel, Janet, Suzanne leading the Indigenous mentorship. \$100,000
- 2022 funding will be re-visited
- \$300,000 is for student training (**salaries distributed throughout the entire NEIHR project, can be distributed throughout the network**), \$100,000 admin, \$120,000 paying the salary of non-academic staff, \$80,000 for events, remainder (divided evenly for specific research for each researcher on existing projects or create new projects)
- Added benefit of keeping Elders
- Expanding leadership team (outside of Ontario)??? Right now its only 4 people... Email Suzanne if you want to be a part of that leadership

**Questions**

- Concern (Rod), Implications of supporting students in such a big way... Janet response: Chantelle made an amazing network in Ontario, represents almost every institution in Ontario. **We should focus on Elders and Knowledge Keepers that are located in community, so they can mentor the students (intergenerational knowledge transmission).**
  - Lynn (overall project)- Principles related to how we function as a collective group. Projects this large can have a lot of moving parts. How does communication happen within the group????- Response: Suzanne creation of sub themes to guide this knowledge
  - **What are some of the models that have worked? And is based within cultural ways of doing? (Send email to Suzanne)**  
**Leadership accountability**
  - **Question about student's research opportunities??- Students will have opportunities during annual gathering. Masters students (extended period of times).** The ability to create research opportunities that are across international lines. This kind of collaboration can benefit international knowledge (Australia, Canada and Hawaii Indigenous knowledges). Michele Dickson (Australia) Maile (Hawaii)- see this as vital components of the project.
3. Next Steps, All?
- a. Sub-teams?
- Specific focus of research (smaller circles) To help us stay connected to one another and help with the bi-lateral movement decision making in the different sections of NEIHR. Suzanne (connect with everyone in a large circle format, then break out into groups in specific areas of interest). Which of the five areas of research people are interested in.

**Themes**

**1) Cultural Safety**

Maile M. Taulii - [maile.m.taulii@kp.org](mailto:maile.m.taulii@kp.org)

Judith Mintz - [jmintz@nativechild.org](mailto:jmintz@nativechild.org)

Angela Mashford-Pringle - [angela.mashford.pringle@utoronto.ca](mailto:angela.mashford.pringle@utoronto.ca)

**2) Indigenous Holistic Prevention and Early Intervention**

Michelle Dickson - [michelle.dickson@sydney.edu.au](mailto:michelle.dickson@sydney.edu.au)

Judith Mintz - [jmintz@nativechild.org](mailto:jmintz@nativechild.org)

Luana Shirt - [lunashirt@yahoo.ca](mailto:lunashirt@yahoo.ca)

Alanaise Goodwill - [alanaise@gmail.com](mailto:alanaise@gmail.com)

**3) Land based and Planetary Health Solutions**

Lynn Lavallee - [lavallee@ryerson.ca](mailto:lavallee@ryerson.ca)

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Brenda Restoule - [brenda.restoule@fpwc.ca](mailto:brenda.restoule@fpwc.ca)

**4) Healing from Trauma and Reducing Addictions**

Holly Graham - [holly.graham@usask.ca](mailto:holly.graham@usask.ca)

Judith Mintz - [jmintz@nativechild.org](mailto:jmintz@nativechild.org)

Brenda Restoule - [brenda.restoule@fpwc.ca](mailto:brenda.restoule@fpwc.ca)

**5) Mental Health Well-being and Eliminating Suicide**

Jeffrey Ansloos - [jeffrey.ansloos@utoronto.ca](mailto:jeffrey.ansloos@utoronto.ca)

Michelle Dickson - [michelle.dickson@sydney.edu.au](mailto:michelle.dickson@sydney.edu.au)

Holly Graham - [holly.graham@usask.ca](mailto:holly.graham@usask.ca)

**6) Translating IK Data to Practice & Policy**

	<p>Suzanne Stewart - <a href="mailto:suzanne.stewart@utoronto.ca">suzanne.stewart@utoronto.ca</a>  Janet Smylie - <a href="mailto:janet.smylie@utoronto.ca">janet.smylie@utoronto.ca</a></p> <p><b>Undecided</b>  Elder Pauline Shirt - <a href="mailto:opichi13@gmail.com">opichi13@gmail.com</a>  Michael Hart - <a href="mailto:michael.hart@ucalgary.ca">michael.hart@ucalgary.ca</a></p> <p><b>Unable to attend</b>  Renee Linkletter - <a href="mailto:renee.linklater@camh.ca">renee.linklater@camh.ca</a>  Karlee Fellner - <a href="mailto:kfellner@ucalgary.ca">kfellner@ucalgary.ca</a>  Mikaela Gabriel - <a href="mailto:mikaela.gabriel@mail.utoronto.ca">mikaela.gabriel@mail.utoronto.ca</a>  Pam Hart - <a href="mailto:pnhart@gmail.com">pnhart@gmail.com</a> <a href="mailto:ed@nwrct.ca">ed@nwrct.ca</a>  Sandra Eades - <a href="mailto:sandra.eades@unimelb.edu.au">sandra.eades@unimelb.edu.au</a>  Henry Harder - <a href="mailto:henry.harder@unbc.ca">henry.harder@unbc.ca</a>  Christopher Mushquash - <a href="mailto:cjmushqu@lakeheadu.ca">cjmushqu@lakeheadu.ca</a></p>	
<p>6. Summary &amp; Conclusion</p>	<p>(Grandma Pauline, need 5 days to offer Tobacco to make decision, she will send email)</p> <p>*This gives us a starting place to start making smaller teams</p> <p>Name of project (send grandma Pauline tobacco to her porch)</p> <p>Summer- 4-day training institute that would overlap with summer gathering (to move online for August?? Or wait until we can meet in person) Professor Goodwill (we should go through with the ceremony, follow protocols)  Pauline- listen to our spirits</p>	

	<p>Next meeting</p> <ul style="list-style-type: none"> <li>● <u>Meeting once per month</u></li> </ul> <p><u>Meetings moving forward</u>  <u>3-5pm!!! Last Tuesday of every month</u></p>	
7. Next Ontario NEIHR Meeting	June 30, 2020. 3pm-5pm (EDT)	Calendar invites have been sent out
8. Indigenous Spiritual Closing		Closing performed by Clay Shirt, meeting adjourned.