



**UNIVERSITY OF TORONTO**  
**DALLA LANA SCHOOL OF PUBLIC HEALTH**  
 Waakebiness Institute for Indigenous Health



**Ontario NEIHR Theme Leaders/Elders**  
**MINUTES**

**Date:** January 18, 2023  
**Time:** 3:00pm to 5:00pm  
**Location:** Zoom Meeting

**In Attendance:** Suzanne Stewart, Pauline Shirt, Clay Shirt, Luana Shirt, Roy Strebel, Wendy Phillips,

**Absent:**

ITEM	DISCUSSION	RECOMMENDATION/MOTION /ACTION
Pauline Spiritual opening  Individual Check ins		
2. Group Updates	<p><b>Wendy</b> – Contract ended at Queens, miss people and relationships that are lost.</p> <p><b>Suzanne</b> – Research in mental health and homelessness with our three community partners, we figuring out how to share results. We did these big evaluations with NWRCT, NCFST, and Anishinaabe Health. Have written up the final reports, have been approved by these organizations.</p> <p><b>Luana</b> – We haven’t gotten together but we are in contact with each other. Holly sending information about what going on. Have a Google Doc set up.</p>	

We are keeping in touch with each other.

**Suzanne** – Our group hasn't met since the summer, we are planning on doing a paper but it is progress.

**Wendy** – Our group hasn't met since the fall but we are in contact through email. We want to do an article also.

We are still doing counselling, holidays and announcement of more bodies as triggered survivors and intergenerational.

Teenagers have been struggling with racism and how to cope with it, and its impacts. Educators, teachers, administrators not taking responsibility, creating more mental health issues with our young people.

Spring is coming, ceremonies coming and the gardens, and working on some grants.

Funders want us to address mental health through ceremonies, teachings, or spiritual counselling, any way possible.

**Pauline** – After a month am feeling better from a virus. Lots of work to be done. My research is living research. Looking forward to ceremonies and the Buffalo Dance.

**Suzanne** – If anyone needs extra support or extra money please contact me. Please reach out to me or Roy.

Should we have an Elder's gathering at the farm this summer. Could have everyone here plus Clay and Verne and invite people to listen to you's. Maybe have in May or June.

Clay scheduled a sweat at the end of May. May 30<sup>th</sup> & 31<sup>st</sup>. I will be in touch with an agenda. One hour or 90 teaching, in the tipi if you want, and lunch.

	<p>- Call it Spring Teachings</p> <p><b>Luana</b> – Spring Teachings on the land. Will contact about the Nishinaabe name.</p> <p><b>Suzanne</b> – This will be for the NEIHR students and researchers Closing now please.</p>	
4. Spiritual Closing- Pauline Shirt		

