



## Ontario NEIHR Theme Leaders/Elders MINUTES

Date: Wednesday, September 16, 2020

Time: 3:00pm to 4:00pm Location: Zoom Meeting

In attendance

Suzanne Stewart, Jeffery Ansloos, Holly Graham, Rod McCormick, Pauline Shirt, Clay Shirt, Luana Shirt, Wendy Phillips, Roy

Strebel, Devon Bowyer

ITEM	DISCUSSION	RECOMMENDATION/MOTION/
		ACTION
Clay - Spiritual		
opening		
Individual		
Check ins		
2. Group	Suzanne – Knowledge translation and Policy theme group (Suzanne &	
Updates	Pauline) – talked about the webinars – The webinars are booked for the next	
	12 months – from within our research group. Having policy meetings/forums	
	<ul> <li>form a policy town hall – policy makers in Ontario and nationally in</li> </ul>	
	January.	
	<b>Holly</b> (chat) – Will the publications covered by the grant?	

Suzanne – Absolutely

**Jeffrey** – Limitations with Indigenous Health research is an absence of published work by Indigenous people within the context of the greatest uptake of research knowledge. Setting baseline expectations

**Rod** – In the proposal it says the first two years are focussed on strengthening the partnership, governance through frequent meetings with partners all years focussed on data collection. Year 5 on knowledge transmission and dissemination. Just pointing that out

**Jeffrey** – If we are talking about specific outcomes of specific research projects that's a clear framework of reporting. In the context of what we're navigating is much broader that one particular project.

- Developing processes during the 4 years that can be informative. Can relay useful health information. Minimum number of deliverables.
- Set up a context of shared learning that editorial in nature, where there was once a gap.
- What is missing is the presence of Indigenous scholars. Could be set as a goal without adding more work, are done in ways that are collaborative and rapid.

**Holly** – We could do publications with each other in other themes. Expertise of Indigenous psycholgists, so few in academia, some of these publications, could get 4-5 a year if following Jeffrey's format.

 $\mathbf{Rod}$  – Look at this creatively. Journal publication unless solicitated is 1-3 year turnaround. Need to look at publication more broadly.

**Holly** – Luana had great idea about the teachings. Our role with the teachings is to connect all nations to spirituality, part of wellness. Brenda was supportive.

- Using culture to address trauma. Women participating in ceremony and their relationship to wellness and spirituality. Prob be first paper our group will work on. Like Jeffrey's outline on the 2 papers we did.
- Our theme is Healing from trauma and Reducing addictions. As psychologist's we could come together from different themes and talk about experience of our practices. I would take the lead putting that together. A narrative based on experiences.
- Do not have a budget yet so hard to allocated to each theme. Will talk about projects next meeting, maybe interviewing clinical expertise and knowledge keepers of what works -inexpensive.

Luana – Heaviness of addictions healing & trauma – generational trauma.

Jeffrey – This October submitting a report to Lancet on suicide prevention. Covers Indigenous perspectives in suicide prevention from across the world, mainly circumpolar regions. Going to commission October 7th. Convene a special issue in the high impact journal on Indigenous suicide prevention. Random journal articles around the world in each region about Indigenous suicide. Convene a group of Indigenous folks a special issue that gives a deeper perspective around issues of practice, ethics, theory.

**Rod** – Had a good meeting about Land-based healing vs place-based healing. Talking about ceremony. Six people present.

- How to add more people to the group, Michael Hart interested in joining group.
- Can we just open it up to anybody?
- Maile How would she be involved internationally? Second part of them is planetary solutions.
- Solutions from other counties and how they can apply to Canada.
- Angela has many projects that come under this theme Do we put our names on her publications?

What is the budget for each them?

Rod will email further questions to Suzanne

Roy – Discuss the Virtual fall gathering

**Rod** – Mentorships network had 3 day Virtual conference – lot's of logistics Who has been invited? Have to generate interest and have a program before people commit.

**Devon** – Each theme would lead a day for an hour, IMN student panel for the last bit – theme leads moderator. We thought an all-day zoom session would be too long – over 4 days would be easier.

**Jeffrey** – What are the outputs at this exchange we are trying to produce?

- Is it just convening interested parties in conversation about the NEIHR?
- The outputs should be linked to some activity or goal of the NEIHRS.
- It is too days. It is too long.
- Pedagogy online multiple hours is risky in terms of keeping people engaged. Should be less days, less time. Don't want to create a negative experience.
- Conferences should have a working goal to produce something, eg. Breakout working groups that produce recommendations or a group that shares their practices that they have learned collectively. Something tangible comes out of gathering.

Outcomes such as recommendations or publications. (eg. This conference produced this....) Connecting output make the time investment a little more useful.

**Pauline** - Should have some in the morning when the mind is alive. Why did we choose the pm time? Agrees Gathering is too long. Naming ceremony – need to bring the spirit forward, she is waiting.

Concerned about the naming ceremony

	Rob – Possibly have the gathering 2 days and a virtual ceremomy? Two things per day?  Roy – The third Wednesday of the month works best for everyone  Clay- Closing  **Meeting Dates: Every third Wednesday of the month 3-4pm.	Roy will set recurring Zoom meeting dates
4. Spiritual Closing- Elder Pauline		