



#### **NEIHR July 28th Research Meeting- MINUTES**

**Date:** Tuesday July 28<sup>th</sup>, 2020 **Time:** 3:00pm to 5:00pm **Location:** Zoom Meeting

In Attendance: Suzanne Stewart,

**Principal Investigator:** Suzanne Stewart, University of Toronto; **Knowledge Users**: Clay Shirt, University of Toronto; Renee Linklater, The Centre for Addition and Mental Health, Toronto;

Co-applicants: Janet Smylie, St. Michael's Hospital Foundation; Roderick McCormick, Thompson Rivers University; Jeffrey Ansloos, University of Toronto; Alanaise Goodwill, Simon Fraser University (UBC); Angela Mashford-Pringle, University of Toronto; Amy Bombay, Dalhouse University; Lynn Lavallee, Ryerson University; Holly Graham, University of Saskachewan; Collaborators: Pamela Hart, Native Women's Resource Centre of Toronto; Jeffrey Schiffer, Native Child and Family Services of Toronto; Chantelle Richmond, University of Western Ontario; Maile M. Taualii, Kaiser Pemranente Centre for Health Research Hawaii; Brenda Restoule, First Peoples Wellness Circle (Nipissing First Nation); Michaelle Dickson, University of Sydney (N.S.W., Australia); Henry Harder, University of Northern British Columbia; Mikaela Gabriel, University of Toronto; Michael Hart, University of Calgary; Luana Shirt, University of Toronto; Wendy Phillips, University of Toronto; Pauline Shirt, University of Calgary. Christopher Mushquash, Lakehead University; Sandra Eades, University of Melbourne; Karlee Fellner, University of Calgary.

Research Coordinator: Roy Strebel Research Assistant – Devon Bowyer

ITEM	DISCUSSION	RECOMMENDATION/MO TION/ACTION
Spiritual opening- Elder Pauline		
Individual Check ins		
2. Suzanne Group Update		
1. PI Update	Suzanne	

- Talking to team members
- Partnership between
   Ontario NEIHR and the IMN
- Logo design
- Network Evaluation plan
- Strike a subgroup?

- Jeffery and Chris joining our monthly meetings
- Suzanne reached out to everyone individually at the early stages of the project. Suzanne will try and reach out to the 1 or 2 people who she didn't reach out too
- Partnership with the IMN (Chantelle Richmond). Transfer \$100,000 to the IMN starting this year
- Staff on this project should connect with the IMN to help encourage their students to get involved in future project
- NEIHR and IMN created a partnership
- Logo (Devon, Kenny with Hamilton)

#### Elder Pauline

- Creating a logo contest
- We can gather more people if we create a contest

#### Network Evaluation framework

- Who wants to create this? This person can have a conversation with Suzanne. Then the both of them can present it to the larger group

## Theme groups

- Getting everyone in their specific theme groups
- We have theme group leads and have a traditional knowledge keeper/Elder
- Rod and Wendy Land Based Theme
- Holly and Luana- Trauma and addictions
- Jeffery and Clay- suicide and addictions
- Pauline and Suzanne- Knowledge mobilization
- 2 publications a year- co-authored by everyone in the theme group

Suzanne will send IMN partnership letter with entire NEIHR Ontario group

#### Suzanne

- Create a call for applications for the logo

# Suzanne, Lynn and Elder Pauline can be a part of this

- Others, if interested, can send an email to Suzanne

#### Suzanne

- Will remind everyone through email which group everyone will be in

### 2. Theme Group Update

- Leads and all members should have their groups established
- Meetings frequency and platform – scheduling times
- Breakout rooms

	- Division of funds need to happen as equitable as possible	
3.Community Survey on Mental Health Needs -  • Timeline a) July, survey update b) August, administer c) September, data analysis d) October 15, report delivered e) Feedback? f) Ethics	Suzanne  - As a network we decided to create a survey to determine what everyone's mental health needs are, so we can ensure are research at the community and NEIHR level are meeting some of these needs. Our information can add to the larger influx of information of COVID-19 and Indigenous mental health  - Lynn- the server is in the US, we cannot agree confidentiality. SurveyMonkey and Qualtrics  - We cannot guarantee confidentiality  Proposed question  - The resources that are being made available  - Speak specifically  Michael  - How we're framing the concepts that we're looking at  - Framed at a Western way  - Should we expand beyond that???  Pauline agrees  - We should frame everything in Indigenous ways of knowing	
	<ul> <li>Rod</li> <li>Who should we be giving to ? general population?</li> <li>Some organizations don't want research to be done in their community</li> <li>Believes we can hold off for now in light of COVID-19 second wave</li> </ul>	

#### Jeffery

- Are we also interested the way we are addressing the needs?
- Native Child in land-based practice
- Just getting families outside to get land-based circles
- How are organizations being addressed

#### Suzanne

- Had a talked with the other principle investigators
- And they wanted to have needs
- Would love to have the traditional aspect to it

#### Lynn

- Trying to get a quick idea of what the community needs
- I see the value of getting it out to all of the indigenous organizations in Ontario

#### Holly

- Combining the traditional and western academic
- Saskatchewan, filling out forms, bringing up lots of trauma
- Helpful to have some indigenous ways of evaluation
- How we decide wellness, some people might not make the criteria of DSM
- I really think we should have a combined approach of traditional and western approaches

#### Pauline

- We said the language is so important
- If we pose the language in OUR language it would frame the survey totally differently
- All the research that has been done, has been in the dominant language

#### Jefferey

#### Suzanne

- Yes we should be grounded in the culture

	<ul> <li>There has been a lot of indigenous mobilization in how we deliver indigenous programs</li> <li>How we going to continue offering Indigenous services??</li> <li>It may be interesting to capture indigenous knowledge delivery especially during COVID</li> </ul>	We can add this to our survey
	<ul> <li>We should find a very secure platform to deliver the survey</li> <li>Thinking about the using traditional languages for the survey</li> <li>Think we can you both the Western and Indigenous lens. Can we incorporate a two-eyed seeing approach</li> </ul>	
AV 11 M1'' C N	Luana - Title- rewording the title - Don't like the ending of Indigenous illness - mino-bimaadizi means moving along	
4.Knowledge Mobilization Plan  Fall Gathering  i. End of October?  ii. Monthly Webinars  iii. Photo & bio from team members  i. Add link to members  bio's?	Roy  - End of October for an end date.  Pauline  - Will follow the fall equinox  - September 22 <sup>nd</sup> 2020  Wendy  - Has a wigwam, and 30-foot teepee  - Offer to have our fall gathering at Wendys	

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- ii. Website, launched
- iii. Social media; Facebook , Twitter, Instagram , etc
- Links with other NEIHR, ie NWT
  - b. Other ideas?
- 4. Other Business
- 5. Summary & Conclusion, Suzanne

We created a website – it's more of a page. It's part of the Dalla Lana website. We have one full page to put research and content on that – post bios of everyone on the team. Already have bios in the proposal so we can use those or you can send a new one, including a head shot.

#### Rod

- Consider having advisory board, maybe we should the appropriate governing person join our call
- Someone to influence policy

#### Michael

- Will send an email on some of his thoughts about the NEIHR
- Can we also send an advance notice of when we will have the fall gathering

# Roy will update everyone on next meeting

- Suzanne on holiday end of August
- Maybe we'll have meeting earlier in August or postpone until September

4. Spiritual Closing- Elder	
Pauline	