



UNIVERSITY OF TORONTO
DALLA LANA SCHOOL OF PUBLIC HEALTH
 Waakebiness Institute for Indigenous Health



Ontario NEIHR Theme Leaders/Elders
MINUTES

Date: October 18, 2023
Time: 3:00pm to 5:00pm
Location: Zoom Meeting

In Attendance: Dr. Suzanne Stewart, Pauline Shirt, Luana Shirt, Holly Graham, Wendy Phillips,

Absent:

ITEM	DISCUSSION	RECOMMENDATION/MOTION /ACTION
Pauline Spiritual opening Individual Check ins		
2. Group Updates	<p>Luana – at Imaginative doing some openings. Doing a workshop next week about the seasons, seasonal teachings. Was in Costa Rica, the tail of the turtle.</p> <p>Holly – College of Registered Nurses Sask did a video, was released Sept 30th. Acknowledged the harms that have been committed against Indigenous Peoples in healthcare and nurses.</p> <p>Wendy – How do youth cope with anxiety? Tribal Tatooning. Rights to Passage, marks are part of ceremony. Have another tattoo artist working with</p>	Video has been shared

the young people who are going through their rights of passage.

Holly – Our Ethics application has been submitted for our trauma and addiction group. Will be doing podcasts with the group interviewing psychologist, Suzanne being one of them. Indigenizing psychotherapy and psychology. Looking at ways to enhance mental health services. Developing a healing camp. Co-chaired a task force for Sask College of Psychologists to respond to TRC Calls to Action. Wrote a report. They did an apology on their website.

Also created a clinical placement for educational psychologists. Never had a FN placement is Metis for 8 mths.

Write a paper collectively on Holistic Psychotherapy and Integrating Spirit. If we want holistic health we are going to have to push for it.

Holly to be lead author, Suzanne to co-leadership role. Roy to set up a meeting with Holly and Suzanne and Wendy, and Luana. (Luana could be a proofreader)

Wendy – It has been the end of our harvest. Planning for next year. Do some networking, see more hunting. Hunting camp went well, got a bull. Changeover from harvesting to ceremony. Vision quest ceremonies for 3 weeks.

Looking for funding for next year. Would like to have the wigwam more accessible. There is a steep slope to it, have people in wheelchairs. Applied for a grant for that, will know in a few weeks. Research projects are coming along well. Try to have a weekly student meet with students.

Indigenous cannabis, how was it traditionally used? Starting to see mushrooms lately. These are traditional medicines for healing, trauma etc. and how they have been exploited.

Feast for the dead, Nov 1st celebration of our ancestors. Continue sweat through winter.

Roy to set up a meeting with Holly and Suzanne and Wendy, and Luana.

	<p>Suzanne – Is all that being written up in a report, it be great to have a research report or video to share with others. You me and Roy have a meeting in November. Talk about what’s been done and how we can support that. One hour meeting via Zoom. Be great to document.</p> <p>Luana – Need people to document from Elders and Knowledge holders. There is so much. The NEIHR as a whole should be documented. Roy to book a meeting with Suzanne, Luana and Pauline to see how we can help with knowledge translation. Publications, singing, video etc.</p>	<p>Roy to set up meeting for Suzanne, Wendy, and Roy in Tues or Weds in November best.</p> <p>Roy to book a meeting in November with Suzanne, Luana and Pauline to see how we can help with knowledge translation. Video?</p>
4. Spiritual Closing- Pauline		

