



POSTDOCTORAL RESEARCH FELLOWSHIP

in Aging at Women's Age Lab

About the Project:

We are currently in year three of a six-year CIHR and PHAC Healthy Cities Research Initiative funded project "Reimagining Naturally Occurring Retirement Communities (NORCs) for 21st Century Cities: What Works Best to Support Older Adults to Age in Place?". This fellowship opportunity provides funding for one year, with opportunity for renewal.

Many older people live in the community, clustered in buildings or neighbourhoods known as naturally occurring retirement communities (NORCs). Enhancing NORCs with support service programs to reduce social isolation and loneliness, promote physical activity and improve nutrition enables older adults to age in place longer. Few NORCs have been enhanced as little is known about how to intentionally create, implement or sustain support service programs across diverse contexts.

Our project takes an implementation science and public health approach to identify which NORC sites are best suited for enhancement, and what factors promote or hinder their equitable implementation and to determine how the programs impact the health and well being of older residents. We are interested in learning how the level of support provided to residents impacts implementation and health and social outcomes.

This exciting fellowship opportunity provides funding for one year, with opportunity for renewal.

The Post-Doctoral Fellow will:

The post-doctoral fellow will have the opportunity to get involved and lead many aspects of the research process as well as pursue their own distinct research area of interest leveraging the vast amount of diverse data already being collected, such as annual health and wellness surveys, focus groups, field notes, activity trackers, and health administrative data.

The position is based at Women's College Hospital, with travel to NORC sites in both Barrie and Toronto. The postdoctoral fellow will be part of a transdisciplinary team from various institutes across Canada and internationally. The postdoctoral fellow will be encouraged to publish extensively, develop advanced technical skills, strengthen their research portfolios.

This individual will play a key role in research designed to advance science and inquiry to improve the health and wellness of older adults, particularly those living in underserved communities.

The postdoctoral fellow will receive a monthly stipend of \$5,833.33.

About the Organization:

Women's Age Lab at Women's College Hospital focuses on improving the lives of older women by bringing together the work of researchers, healthcare providers, community-based organizations, and policy makers to drive change and have a meaningful impact for this population.

Women's College Hospital (WCH) is Canada's leading academic, ambulatory hospital and a world leader in women's health. WCH is fully affiliated with the University of Toronto and is a member of the Toronto Academic Health Science Network.

Requirements:

- Within 1-2 years of completing their PhD
- Does not hold or have taken on an independent academic position.
- Ontario residency and legally permitted to work in Canada.

Access to a car is essential for travel to NORC sites in Barrie and Toronto.

Assets:

- Flexible
- Self-motivated
- Detail-oriented
- Manage multiple tasks efficiently
- Team player

We are interested in hearing from researchers who

Have training in one of the following:

Implementation Science:

Studying the barriers and enablers of program implementation using implementation science frameworks (i.e., Consolidated Framework for Implementation Research).

Community-based Research:

Actively involving community members in research through mutual learning and action-oriented solutions to meet community-identified needs and priorities with a strong focus on resident empowerment and a relational approach.

Health Services Research:

Leveraging large data sets collected by the health care system to examine the impact of community-based interventions on health care utilization.

Have interest in:

Housing policies and practices with a focus on later life and aging in the right place

Aging and later life or a focus in this area in your disciplinary background (e.g., public health, sociology, epidemiology)

Health Equity

Social Isolation, Loneliness, and Exclusion



Supervision:

The position will be supervised by Professors Rachel Savage, PhD and Dr. Paula Rochon.

Rachel Savage, PhD is a Scientist at Women's College Research and Innovation Institute, Women's College Hospital, an Adjunct Scientist at ICES, and an Assistant Professor at the Institute of Health Policy, Management and Evaluation, University of Toronto. Dr. Savage leads research focused on promoting social connectedness in older adults and supporting aging in place and has over ten years of local and provincial public health experience.

Dr. Paula Rochon is the inaugural Dr. Barry J. Goldlist Chair in Geriatric Medicine at Sinai Health System, Senior Clinician Scientist at the Lunenfeld-Tanenbaum Research Institute and Adjunct Scientist at Women's College Hospital. Founding Director of Women's Age lab and a leading Canadian health-services researcher in geriatric medicine, her research explores how medical therapies impact the health of older adults with multiple conditions and raising the profile of older women in health research

How to Apply:

Interested applicants to this program should submit:

1. Their CV and relevant reprints.
2. A letter summarizing their research interests, career plans, and future research goals.
3. A letter of recommendation from a supervisor.

For further information about the fellowship program, or to submit your application package, contact:

Joyce Li, Senior Research Lead:
joyce.li@wchospital.ca

<https://www.womensacademics.ca/postdoctoral-research-fellow-womens-age-lab/>

